



60s Up Movement of NZ Inc.

BIRKENHEAD BRANCH

SEPTEMBER 2026 NEWSLETTER

President: Edna Bulkeley 4838497/021-1216646

Vice President: Sue Mulcahy 021725464

Secretary: Kathy Heke 0274953095, Treasurer: Pauline Smith 0212304976

Trips: Fiona Healey 027-4480702/483-6335

Meetings held second Tuesday of the month at 10.00am at the Cedar Centre 56A Tramway Road, Beach Haven

PRESIDENTS REPORT

Good morning to you all and welcome. It is officially Spring and so lovely to see the Fresias and Daffodils out. Also watching the evenings stay light for just that bit longer especially after a sunny day. It makes me feel like Summer is on the way back. This morning we have Tina Bedggood as our guest speaker. Tina will be talking about her Grandmother's life and research on Giraffes. Don't forget we are going to the Silverdale Pioneer Village for our trip and The Bays Club for lunch. Our trip to the Chelsea Sugar Works was very interesting and whilst we had a few less people on the day everyone enjoyed it. I hope you all enjoy your morning and look forward to catching up with you all. Edna

TRIPS

September 15th - Trip to the Silverdale Pioneer Village. Lunch will be at the Bays Club. Cost \$40. Bus leaves Verrans Corner at 9.00am, Beach Haven shops 9.10am, Cedar Centre 9.15am, Eskdale Road 9.20am, Onewa Road 9.25am.

October 20th - Trip to Wade River Tavern at Silverdale for lunch. **Note** Bus leaves at 11.00 am from Verrans Corner, 11.05am, Beach Haven shops 11.10am, Cedar Centre 11.15am and Onewa Road at 11.20am. Cost \$40.

In future no trip money will be accepted on the bus. Trips must be paid for at Branch Meetings, where possible, or via internet banking. The bank account number is **12-3035-0491-544-01**.

If paying at the meeting please put your money in an envelope with your name on it. Thank you for supporting the trips. **Please** leave the front 4 seats on the bus empty for people who are having trouble walking.

HEALTH LINE 0800-611-116 is the number you ring if you are in need of professional medical help at any time, day or night.

Contact Sue Mulcahy if there is someone you know that is unwell. Phone **021725464**.

ENTERTAINMENT

September 8th - Tina Bedggood talk on her grandmother's life with Giraffes.

October 13th - Ukulele Club

November 10th - Xmas Lunch at the Howick Country Club

Coming up

Daylight Saving starts on 27th September.

Labour Day 26 October

Our National website

<https://www.60supmovement.org.nz> Check out what other branches are doing.



You can pay your entry fee to the end of **March 2027** into Bank Account Number **12-3035-0491-544-00**



To pay for your trips the bank account Number is:-

12-3035-0491-544-01

Enter **your name, code** - put trip money and **Reference** -Where the trip is for.

JOKE

A woman was taking an afternoon nap. When she woke up, she told her husband, "I just dreamed that you gave me a pearl necklace. What do you think it means?" "You'll know tonight," he said. That evening, the man came home with a small package and gave it to his wife. Delighted, she opened it to find a book entitled "The Meaning of Dreams."

A POEM



Our fundamental origins
Immeasurable worth
Beautiful by default
Born of the earth
We abuse it and destroy it
Despite it all it gives
But nature is powerful;
It surrounds us.
It lives.

DID YOU KNOW

- Humans cannot breathe and swallow at the same time.
- Your nose and ears never stop growing throughout your entire life.
- Lemons contain more sugar than strawberries.
- Unless food is mixed with saliva you cannot taste it.

THOUGHT FOR TODAY

Have you ever noticed that anybody driving slower than you is an idiot, and anyone going faster than you is a maniac?"

— George Carlin

Gold Coin Collection - September and October. Charity of Choice is Starship.

CHEESE AND DATE SCONES

Ingredients

2½ cups self rising flour
50 grams grated butter
¾ cup of chopped Dates
½ cup of grated Cheese
¾ cup of milk
¼ cup Water

Method

Sift flour. Put all other ingredients into a large bowl and mix together until all combined. Turn out onto a floured surface and quickly pat into a round or square shape. Cut into rounds or squares and place on a lined baking sheet. Brush gently with a little milk. Bake at 220 degrees until scones are browned. (about 10 - 15 minutes) Makes 6 large scones.



A RIDDLE

What is cut on a table, but is never eaten?

Answer: A deck of cards



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