



Glenfield Branch

July 2026

Next Meeting Glenfield Leisure Centre

Monday 6th July 1.30pm

"Thought of the Day"

"The true art of motivation is being able to motivate yourself during tough times, not just others in their tough times." - Amelia Khouri

Hello Everyone

How encouraging it was to see so many of you joining in with Anna's exercises at our last meeting, and so easy to do in the comfort of your own home if you don't want to join a class. I found her talk and I hope you did too most informative so very true to us all as we approach our Autumn years. It is good to keep our two feet firmly on the ground.

We are not having a trip this month of July to help you recover from all the extra costs with everything increasing. We will however make a visit to The Butterfly House in August so watch your newsletter for more details next month.

We had a great trip to Ryders to celebrate the half year mark, with much enjoyment and a beautiful roast lunch. The film was enjoyed by all, just a lovely story. A few tears shed by many but a happy ending. Thank you all who attended, it was a fun day out and one step nearer Christmas and hopefully some settled weather in the mix.

For your information - Our postage is increasing by 70cents on 1st July, meaning a letter will now cost \$3.60 to post within NZ.

Take care and keep warm - Janet

Entertainer - Neil Davies

Former Biology Teacher of Glenfield College, Neil Davies is a leading volunteer for conservation work on TiriTiri Matangi as well as Shakespeare & Hibiscus Coast Forest & Bird projects. As a keen photographer, Neil incorporates his passion for photography and the natural world to educate and inspire people into protecting the natural landscape around us.

DONATION TABLE

Please don't forget your items for the fundraising table.

Items to donate - metal (not plastic) bottle tops (for KidsCan), stamps (for Leprosy Mission), used spectacles (both Adult and Childrens'), used batteries for your disposal, Home Produce and Baking which is wrapped for Hygiene purposes.

July Birthdays

Wynne Goddard

Janet Keeble

Harold Virtue

Robyn Grundy

Edith Stein

Anne Fox

Pamela Crossman

Maxine Harkins (80)

Next Committee meeting Monday 20th July 2026

ENTERTAINMENT

Monday 6th July
at 1.30pm



Neil Davies
Photographer & Volunteer

MONTHLY LUNCHEON

Wednesday 29th
July

Luncheon 12 noon at

Mitre 10 Glenfield

Phone or Text Gloria on
027 478 5599

SICK FOLKS

For any member unwell,
at home or in Hospital,
please contact
Perise Mason
so a card can be sent.
Phone (021)160 8994

HEALTHLINE

0800 611 116

Free Health advice when
you need it.

Glenfield 60's Up Branch Committee

President / Treasurer - Janet Keeble (09) 444 4674 (021) 135 9788

Secretary - Carole Appleton (09) 444 5592 Members - Gloria Pillinger (027) 478 5599 - Perise Mason (021) 160 8994

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No trip July 2026

Photos from Ryders Theatre June 2026



Our thanks to

windsor
FUNERALS
(09)477 2433

for printing this
Newsletter and



for subsidizing
our trips.