



60s Up Movement of NZ Inc.

BIRKENHEAD BRANCH

JUNE 2026 NEWSLETTER

President: Edna Bulkeley 4838497/021-1216646

Vice President: Sue Mulcahy 021725464

Secretary: Kathy Heke 0274953095, Treasurer: Pauline Smith 0212304976

Trips: Fiona Healey 027-4480702/483-6335

Meetings held second Tuesday of the month at 10.00am at the Cedar Centre 56A Tramway Road, Beach Haven

PRESIDENTS REPORT

Good morning to you all. How lovely to have such a good turnout for our AGM. Thank you all for your confidence in reinstating the Committee. We will be working hard to make sure that we get the best possible outcomes for our meetings and trips. We already have the next 3 months booked in so please get your names down and support these. Today we have Julia Banks to sing for us. I am looking forward to hearing Julia and I also hear that she has some interesting stories along with her music. I hope you all enjoy your morning. I look forward to seeing you all. Edna

TRIPS

June 16th

A visit to the Orewa Surf Club where we will also have lunch. Bus leaves Verrans Corner at 9.00am, Beach Haven shops 9.05am, Cedar Centre 9.10am, Eskdale Road 9.15am, Onewa Road 9.20am. Cost \$40.

July 21st - A trip to the movies at the Bridgeway Theatre in Northcote. Lunch will be at the Northcote Tavern. We will be carpooling for this trip. Cost \$40.00

In future no trip money will be accepted on the bus. Trips must be paid for at Branch Meetings, where possible, or via internet banking. The bank account number is **12-3035-0491-544-01.**

If paying at the meeting please put your money in an envelope with your name on it. Thank you for supporting the trips. A last minute cancellation may incur a \$10 refund deduction. Please leave the front 4 seats on the bus empty for people who are having trouble walking.

HEALTH LINE 0800-611-116 is the number you ring if you are in need of professional medical help at any time, day or night.

Contact Sue Mulcahy if there is someone you know that is unwell.
Phone **021725464.**

ENTERTAINMENT

June 9th - Julie Banks (Singer)
July 14th - Quiz

Our National website
<https://www.60supmovement.org.nz> Check out what other branches are doing.

QUOTE

There is nothing noble in being superior to your fellow man; true nobility is being superior to your former self. - Ernest Hemingway



You can pay your entry fee to the end of **March 2027** into Bank Account Number **12-3035-0491-544-00**

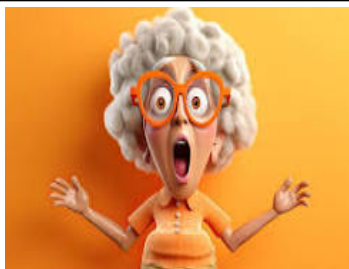


To pay for your trips the bank account Number is:-

12-3035-0491-544-01

Enter **your name, code** - put trip money and **Reference** -Where the trip is for.

SUBS ARE NOW OVERDUE



This Year Subs remain the same at \$15.

POEM

RECIPE

Easy Focaccia Bread

4 cups strong flour
2 tsp salt
2 tsp instant yeast
2 cups lukewarm water + a little more
Olive Oil
Flaky sea salt
1-2 tsp fresh rosemary

Preheat the oven to 200c. In a large bowl combine flour, yeast, salt and water. Combine until a sticky dough is formed. Drizzle with olive oil and cover with cling wrap. Place in the fridge and leave to prove overnight.

Remove from the fridge and bring to room temperature. Drizzle olive oil into a roasting pan, tip dough into the tray and push outwards until dough is spread to cover the entire tray. With your fingers push dough down creating dimples..

Sprinkle sea salt and chopped rosemary on top and cook for 20 minutes or until browned.

YUM



JOKE

Mick and Paddy were in a plane. Halfway through the flight Mick said to Paddy "Paddy if this plane would turn upside down, do you think that we would fall out?" Paddy said "Nah, we'd still be mates."

How old were you in 1965? Don't lie!



QUOTE FOR TODAY

"It is never too late to be what you might have been."

— **George Eliot**



OUR THANKS TO LOTTO FOR SUPPORTING OUR TRIPS

If you could know the
wide, wide reach
Of love that simple
friendliness could teach,
I'm sure you'd say "Hello,
my friend," sometimes,
And now and then extend
a hand in friendliness
to each.

—RUTH MUSKRAT BRONSON

