



Glenfield Branch

June 2026

Next Meeting Glenfield Leisure Centre

Monday 8th June 1.30pm

"Thought of the Day"

*"Everything in your life is a reflection of a choice you have made.
If you want a different result, make a different choice."*

Hello Everyone

I do hope all our ladies spent a lovely Mothers Day, gosh the year is just flashing by. It was such a pleasure to see so many of you at our AGM which was conducted quickly and efficiently by Chris. It is once again a privilege to be your President for this next financial year, and to have my loyal team of committee members and volunteers assisting me.

We then welcomed Ryan to entertain us with his repertoire of songs that we all knew so well. An outstanding performance that we all enjoyed and made us happy.

Our trip in June should be enjoyable with plenty to eat and drink and all in one place. If it is cold please dress well as the theatre can be a bit chilly at times. Hope to see you at the next meeting on June 8th a week later due to Kings Birthday.

Take care and keep warm - Janet

Entertainer - Anna Simons from Harbour Sport

Falling over doesn't have to be part of the aging process. Many falls are preventable and having good strength and balance is the key to staying on your feet. Join our free falls prevention workshop run by Harbour Sport Community Strength and Balance Trainer to ensure that you keep your independence.

We will cover:

- Why we fall
- Preventing falls
- How to get up from a fall
- Information on local community exercise classes suitable for seniors
- Home exercises for strength and balance



DONATION TABLE

**Please don't forget your items for the fundraising table.
Items to donate - metal (not plastic) bottle tops (for KidsCan),
stamps (for Leprosy Mission), used spectacles (both Adult and Childrens'),
used batteries for your disposal, Home Produce
and Baking which is wrapped for Hygiene purposes.**

June Birthdays

Merilyn Wemyss
Marian Mihaljevich
Donald Stoneham

Dawn Herring
Rod Barker
Jacqueline Barker

Diana Milham
Ann Hornbuckle

Next Committee meeting Monday 15th June 2026

ENTERTAINMENT

Monday 8th June
at 1.30pm



**Anna Simons
Harbour Sports**

MONTHLY LUNCHEON

**Wednesday 24th
June**

Luncheon 12 noon at

Bays Club

Phone or Text Gloria on
027 478 5599

SICK FOLKS

For any member unwell,
at home or in Hospital,
please contact
Perise Mason
so a card can be sent.
Phone (021)160 8994

HEALTHLINE

0800 611 116

Free Health advice when
you need it.

Glenfield 60's Up Branch Committee

President / Treasurer - Janet Keeble (09) 444 4674 (021) 135 9788

Secretary - Carole Appleton (09) 444 5592 Members - Gloria Pillinger (027) 478 5599 - Perise Mason (021) 160 8994

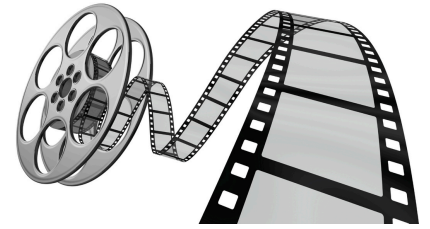
EDITOR - Glenys Kilroy (09) 444 1413 (021) 164 9399 glen.kilroy@yahoo.com

Glenfield Branch



RYDER'S

Cinema & Restaurant



Wednesday 17th June

THE MOVIE WE HAVE SELECTED IS...

"GOODNIGHT MISTER TOM"



Set during World War II, it features a boy abused at home in London who is evacuated to the country at the outbreak of the war. In the care of Mister Tom, an elderly recluse, he experiences a new life of loving and care.

Based on the children's novel by English author Michelle Magorian, published 1981.



**OUR MID WINTER CHRISTMAS ROAST LUNCH
WILL BE AT RYDER'S**



Tea, coffee and biscuits served before the movie starts

Book to register your name with Janet as soon as you receive this newsletter or at the meeting on the 8th June. Pay \$50 online prior to the trip or when joining on the bus have the correct money in an envelope with your name on it.

If you would like to pay online please pay into
12-3072-0809697-00. This is for TRIPS ONLY.

Please ensure sufficient reference is included in your payment.

Pick up Points 9.00am Verrans Corner / Gatman / The Orchards / Peach Road
 9.15am Hall Road / Glenfield Shops
 9.30am Sunnybrae / AUT

Contact: Janet (09) 444 4674 (021 135 9788)

Our thanks to

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FUNERALS
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Newsletter and



for subsidizing
our trips.