



60s Up Movement of NZ Inc.

BIRKENHEAD BRANCH

APRIL 2026 NEWSLETTER

President: Edna Bulkeley 4838497/021-1216646

Vice President: Sue Mulcahy 021725464

Secretary: Kathy Heke 0274953095, Treasurer: Pauline Smith 0212304976

Trips: Fiona Healey 027-4480702/483-6335

Meetings held second Tuesday of the month at 10.00am at the Cedar Centre 56A Tramway Road, Beach Haven

PRESIDENTS REPORT

Good morning to you all. What a great trip we had to the Kaipara Sculpture Gardens. Sunshine and blue sky, a lovely morning tea and lunch and such friendly helpful staff. However while writing this the weather is completely the opposite and such a wild day. Let's hope that it improves and we still have some decent weather to look forward to. Today we have Jan Beaumont (poet) as our guest speaker and as it is still Easter we will be having Hot Cross Buns for morning tea with maybe a sweet treat. Don't forget that Subs are now due and you can pay on line or see Pauline if paying with cash. Have a great morning.

Edna

TRIPS

April 21st

Trip to Highwic House then lunch at the Titirangi RSA. Bus leaves Verrans Corner at 9.00am, Beach Haven shops 9.05am, Cedar Centre 9.10am, Eskdale Road 9.15am, Onewa Road 9.20am. Cost \$40.

May 19th

Trip to the Kereru Cafe at Pukekawa. Lunch to be confirmed. Bus leaves Verrans Corner at 9.00am, Beach Haven shops 9.05am, Cedar Centre 9.10am, Eskdale Road 9.15am, Onewa Road 9.20am. Cost \$40.

In future no trip money will be accepted on the bus.

Trips must be paid for at Branch Meetings, where possible, or via internet banking. The bank account number is **12-3035-0491-544-01**.

If paying at the meeting please put your money in an envelope with your name on it. Thank you for supporting the trips. A last minute cancellation may incur a \$10 refund deduction. Please leave the front 4 seats on the bus empty for people who are having trouble walking.

HEALTH LINE 0800-611-116 is the number you ring if you are in need of professional medical help at any time, day or night.

Contact Sue Mulcahy if there is someone you know that is unwell.
Phone **021725464**.

ENTERTAINMENT

April 14th - Jan Beaumont - (Poet) She will have books for sale.

May 12th Angel Flights (Talk)

Coming Up

25th April - Anzac Day

Our National website

<https://www.60supmovement.org.nz> Check out what other branches are doing.

QUOTE

The happiness of your life depends on the quality of your thoughts." – Marcus Aurelius

You can pay your entry fee to the end of **March 2027** into Bank Account Number **12-3035-0491-544-00**



To pay for your trips the bank account Number is:-

12-3035-0491-544-01

Enter **your name, code** - put trip money and **Reference** -Where the trip is for.

AGM

Our AGM is on the 12th of May. Nomination forms for Committee Members are available for members to vote. See Edna.

SUBS ARE NOW DUE

Written receipts are to be phased out so there is no longer the need to issue receipts. Instead your Membership Form will be confirmation of your payment. This Year Subs remain the same at \$15.

Please ensure if nothing has changed tick the 'No Change' box. For any changes tick the "Details Change" box.

CONFERENCE IN JUNE

This year the Conference will be held in Rotorua. Accommodation will be available at the Novotel Rotorua. This is a great opportunity to get together and meet other club members. See Edna if you are interested in attending.

RECIPE **PLUM CAKE**

Ingredients

Topping
3-4 Plums
1 tsp Cinnamon
1 Tbsp white sugar

Cake

125g butter or olivani
1 cup sugar
2 eggs
1 cup flour
1 tsp baking powder
Icing sugar to dust

Method

Preheat the oven to 180c. Grease and line a 20c round cake tin.

Topping

Half and stone plums. Slice. Sprinkle with sugar and cinnamon. Set aside.

Cake

Beat together butter and sugar until pale and fluffy. Beat in eggs one at a time until mixture is combined. Mix in sifted flour and baking powder. Pour batter into tin and arrange plums over the mixture. Bake 45 - 50 minutes. Dust with icing Sugar.



Delicious



DID YOU KNOW

Queen lead singer Freddie Mercury was born with four extra teeth in his upper jaw giving him his distinct smile.

DON'T FORGET

The Jam Run for the local school children is happening in April and May.



Lottery Grants Board
LOTTO FUNDS FOR YOUR COMMUNITY

OUR THANKS TO LOTTO FOR SUPPORTING OUR TRIPS