



60s Up Movement of NZ Inc.  
BIRKENHEAD BRANCH

## DECEMBER 2025 NEWSLETTER

President: Edna Bulkeley 4838497/021-1216646

Vice President: Sue Mulcahy 021725464

Secretary: Kathy Heke 0274953095, Treasurer: Pauline Smith 0212304976

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Meetings held second Tuesday of the month at 10.00am at the Cedar Centre 56A Tramway Road, Beach Haven

### PRESIDENTS REPORT

Good morning all and welcome to our last meeting for the year. It has been a busy year and I am pleased that we have managed to fit so many trips in as well as some great entertainers and guest speakers. Today we will be having our Xmas Raffle and thanks to you all, plus the various donations we received, and Anna working her magic, we have our usual number of bags and baskets to raffle off. Good luck everyone. I hope you all have a lovely morning and enjoy the entertainment of Ryan plus our morning tea. I wish you all a happy Christmas and New Year and look forward to doing it all again next year. Edna

Jane & Jo



### TRIPS

#### 17th February

Trip to Gulf Harbour and then to the Whangaparaoa RSA for lunch. Cost \$40. Bus leaves Verrans Corner at 9.00am, Beach Haven shops 9.05am, Cedar Centre 9.10am, Eskdale Road 9.15am, Onewa Road 9.20am.

#### March 17th

Trip to the Sculpture Gardens with lunch at the Gardens Cafe. Members will need to buy their own coffee. Bus leaves Verrans Corner at 9.00am, Beach Haven shops 9.05am, Cedar Centre 9.10am, Eskdale Road 9.15am, Onewa Road 9.20am.

In future no trip money will be accepted on the Bus. Trips must be paid for at Branch Meetings, where possible, or via internet banking. The bank account number is **12-3035-0491-544-01**.

If paying at the meeting please put your money in an envelope with your name on it. Thank you for supporting the trips. A last minute cancellation may incur a \$10 refund deduction. Please leave the front 4 seats on the bus empty for people who are having trouble walking.



**HEALTH LINE** 0800-611-116 is the **number you ring** if you are in need of professional medical help at any time, day or night.

**Contact Sue Mulcahy** if there is someone you know that is unwell. Phone **021725464**.

### ENTERTAINMENT

**December 9th** Ryan - Singer

### COMING UP

**20 January** Get together at the Bungalo Restaurant at 96 Mokoia Road.

**6 February** - Waitangi Day

You can pay your entry fee to the end of March 2026 into Bank Account Number **12-3035-0491-544-00**



### RIDDLES

How much did Santa pay for his sleigh?

Answer - Nothing - it was on the house.

This gift can't be bought, but can be exchanged. It's something you can give to yourself, but it is better when given to someone else.

What is it. Answer - Love

### JOKE

**A 60 year old lady was standing next to the railing on a cruise ship.**

She was using both hands to hold her hat onto her head so it wouldn't blow away. A gentleman approached the lady and said ."Ma'am, I am sorry to bother you but the wind is blowing your dress up".

The lady replied, "Sir, if I take my hands off my hat it will blow away". I understand ma'am, but you aren't wearing any underwear", replied the gentleman.

The lady looked down then back up at the gentleman and said, "Sir, anything you see down there is 60 years old. I bought this hat yesterday"

### QUOTE

Age is an issue of mind over matter. If you don't mind, it does not matter.

### DID YOU KNOW

A day on Venus is longer than a year there.

Oceans cover about 71% of Earth's surface.

The Sahara Desert is larger than the entire United States.

### Our National website

<https://www.60supmovement.org.nz> Check out what other branches are doing.

### RECEIPE Chocolate Balls

#### Ingredients

1 Pkt Wine Biscuits  
395g tin of Condensed Milk  
2 Tbsp Cocoa Powder  
2 cups Shredded Coconut

#### Method

Crush biscuits into 1cm pieces. Add condensed milk, cocoa powder, and 3/4 cup coconut. Mix together until well combined. Using damp hands, roll heaped tablespoons of the mixture into balls. Coat each ball in the remaining coconut. Put onto a plate and refrigerate for about 20 minutes.

### XMAS POEM

May your holidays  
Be happy days  
Filled with love  
And laughter  
And may each day'  
Bring joy your way  
On the year  
That follows after



OUR THANKS TO LOTTO FOR SUPPORTING OUR TRIPS