



60s Up Movement of NZ Inc.

BIRKENHEAD BRANCH

NOVEMBER 2025 NEWSLETTER

President: Edna Bulkeley 4838497/021-1216646

Vice President: Sue Mulcahy 021725464

Secretary: Kathy Heke 0274953095, Treasurer: Pauline Smith 0212304976

Trips: Fiona Healey 027-4480702/483-6335

Meetings held second Tuesday of the month at 10.00am at the Cedar Centre 56A Tramway Road, Beach Haven

PRESIDENTS REPORT

Good morning everyone and Welcome. We have almost made it to the end of the year and that means getting ready for Christmas. Today we will be having a Xmas Quiz with all the questions relating to Christmas in some way or another. I hope that you remembered to bring along something for the Christmas Raffle. I am not sure how many prizes we will be able to put together as it looks like everyone is cutting back on donations this year. We also have our Xmas Lunch coming up and we are full to capacity. I hope that nobody will be disappointed if they haven't got their names down but we do have a wait list. I look forward to seeing you today and hope you have a lovely morning.

Edna

TRIPS

18th November

It's our Christmas Lunch at the Howick Country Club. Cost \$40. Bus leaves Verrans Corner at 10.30am, Beach Haven shops 10.35am, Cedar Centre 10.40am, Eskdale Road 10.45am, Onewa Road 10.50am. This is the last trip for the year.

Our next trip will be in February 2026. To be advised at a later date.

In future no trip money will be accepted on the Bus. Trips must be paid for at Branch Meetings, where possible, or via internet banking. The bank account number is **12-3035-0491-544-01**. If paying at the meeting please put your money in an envelope with your name on it. Thank you for supporting the trips. A last minute cancellation may incur a \$10 refund deduction. Please leave the front 4 seats on the bus empty for people who are having trouble walking.

HEALTH LINE 0800-611-116 is the number you ring if you are in need of professional medical help at any time, day or night.

Contact Sue Mulcahy if there is someone you know that is unwell. Phone **021725464**.

ENTERTAINMENT

November 11th - Xmas Quiz

December 9th Ryan - Singer

COMING UP

It's only 6 weeks until Xmas.



Our National website

<https://www.60supmovement.org.nz> Check out what other branches are doing.

You can pay your entry fee to the end of March 2026 into Bank Account Number **12-3035-0491-544-00**



publicdomainvectors.org

JOKE OF THE DAY

Three brothers ages 92, 94, and 96 live in a house together.

One night the 96-year-old draws a bath, puts his foot in, and pauses.

He yells down the stairs, "Was I getting in or out of the bath?"

The 94-year-old yells, "I don't know, I'll come up and see."

He starts up the stairs and pauses, then yells, "Was I going up the stairs or coming down?"

The 92-year-old was sitting at the kitchen table having coffee listening to his brothers.

He shakes his head and says, "thank goodness I'm not losing it yet like the two of you" and knocking on the table then he yells to the other two "wait, I have to go to see who is at the door"

A beautiful face will age,
a perfect body will change,
but a beautiful soul will always
remain a beautiful soul.



I went down to the local supermarket, I said, "I want to make a complaint, this vinegar's got lumps in it", he said, "Those are pickled onions". '

Husband and I went grocery shopping with masks, got home, took off masks, brought home wrong husband! Stay alert people!

RECIPE

Mini Xmas Cakes Makes 3 or 4

Ingredients

50g Butter softened
1/4 cup Dark cane sugar, firmly packed
1 Egg
1tsp vanilla essence extract
1 Tbsp Rum
1/4 cup Self raising flour
1 tsp mixed spice
1/2 cup dates
1/4 cup currents
1/4 cup raisins
A few nuts

Method

Heat oven to 150c. Grease 3 ramekins Place butter and sugar in a bowl and beat until pale and creamy. Beat in egg, Vanilla and Rum.

Stir in sifted flour and spice then stir in dried fruits. Spoon mixture into tins and bake for 30 to 35 minutes.

Remove to a wire rack to cool. Decorate as desired.



Lottery Grants Board
LOTTO FUNDS FOR YOUR COMMUNITY

Thanks to lotto for supporting our trips