



60s Up Movement of NZ Inc.

BIRKENHEAD BRANCH

MARCH 2024 NEWSLETTER

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Vice President: Raewyn Hilt 444-9333/021-1237569

Secretary: Kathy Heke 0274953095, Treasurer: Margaret Crowther 483-8957

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Meetings held second Tuesday of the month at 10.00am at the Cedar Centre 56A Tramway Road, Beach Haven

PRESIDENTS REPORT

Good morning everyone and welcome. It wasn't a very good start to 2024 with our entertainer not showing up. However, I think that everyone still enjoyed the morning. Our trip did not fare much better and wasn't quite what we were expecting either. We have now booked lunch at Portofino, Mission Bay for our next trip and we will be visiting the Rose Gardens first. I'm sure we won't be disappointed this time. Today our guest speaker is Sherie Stone and Sherie will be talking to us about Personal Alarms. I hope you all enjoy your morning and the Hot Cross Buns for morning tea.

Happy Easter everyone.

Edna



TRIPS

March 19th - Trip to Mission Bay for lunch. Morning tea will be at the Rose Gardens. Cost \$35.00. Bus leaves Verrans Corner at 9.00am, Beach Haven shops 9.05am, Cedar Centre 9.10am, Eskdale Road 9.15am, Onewa Road 9.20am.

April 16th - Trip to the Museum to see the photo expedition. You will need to buy your own coffee for morning tea. Lunch will be at the Birkenhead RSA. Cost \$40. Bus leaves Verrans Corner at 9.00am, Beach Haven shops 9.05am, Cedar Centre 9.10am, Eskdale Road 9.15am, Onewa Road 9.20am.

In future no trip money will be accepted on the Bus. Trips must be paid for at Branch Meetings, where possible, or via internet banking. The bank account number is:- 12-3035-0491544-01. If paying at the meeting please put your money in an envelope with your name on it. Thank you for supporting the trips. A last minute cancellation may incur a \$10 refund deduction.

THE BUS TIMES ARE

APPROXIMATE ONLY. Please wear your name badge on the bus trips. NOK details are to be noted on the back of the name badge in case of emergencies. Also to avoid possible confusion please retain your original seats.

HEALTH LINE 0800-611-116 is the number you ring if you are in need of professional medical help at any time, day or night. For cards to be sent to our sick folk please ring **Zita Haines 094445801.**

BRING AND BUY TABLE

Check it out you may be able to pick up a good book or two or some yummy baking. If you have any spare fresh vegetables from your garden or preserves, jams etc., these sell really well. So bring them along.

BRANCH RULES

Just a reminder that the Constitution and Branch Rules are available to all members. See Edna or Kathy if you would like to view them.

ANNUAL SUBSCRIPTION

From 1st April subs will increase to \$15.00 per year.

Trips - Due to the increase in prices trips will increase to \$40 from 1 April.

DOOR CHARGE- You will now be able to pay for the \$3 door charge for the full year on-line. Bank Account Number:- 12-3035-0491544-00 This is optional. Reference is Door charge.

AGM - reminder that our AGM will be held on 14th May.



Thanks to Bert Sutcliffe Retirement Village for supporting our trips.

RECIPE

No bake Apricot Slice

Base

125g butter
½ cup brown sugar
½ can condensed milk
1 cup dried apricots
250g wine biscuits (crushed)

Icing

50g butter (soft)
1½ cups icing sugar
2 Tablespoons lemon juice and Zest

Method

Melt butter in a pot and stir in brown sugar and condensed milk, then take off heat. Add dried apricots and crushed wine biscuits. Mix well. Press into lined tin (17x27cm) and chill.

Icing

Beat butter and icing sugar. Add lemon zest and juice. Beat until creamy and spread over Slice. Chill to set.



Quote for Today

You know you've reached middle age when you're cautioned to slow down by your doctor, instead of by the police." – Joan Rivers



Good Morning. Happy Tuesday

KIDNEY KIDS - Pauline Smith has taken over the role of collecting tabs off cans and screw tops of wine bottles for this great cause.

ENTERTAINMENT

12th March - Sherie Stone (Talk on Medical Alarms)

9th April - Mercy Ships (Talk)

COMING UP

March 20th - March Equinox

March 29th - Good Friday

March 31st - Easter Sunday

April 1st - Easter Monday

April 7th - Daylight Saving ends

April 9th - Subscriptions are due

RIDDLE

I am an odd number
Take away a letter
And I become even
What number am I

Answer is - Seven



Our thanks to Lotto for supporting our trips