

# FOCUS **60s UP**



**60s  
UP** 

**2023 – ISSUE 3**

Official magazine of the 60'sUp Movement NZ Inc.  
[www.60supmovement.org.nz](http://www.60supmovement.org.nz)

# Meetings Venue & Times

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**KAMO** *est. November 1998*

**Venue:** The Cottage, Kamo Bowling Club, Three Mile Bush, Kamo.

**Date:** 2nd Tuesday of the Month  
10.00am - 2pm

**Phone:** 09 435 5544

**Email:** jennymanley2@gmail.com

**WHANGAREI** *est. July 1990*

**Venue:** Northland Club,  
8 Porowini Ave, Whangarei

**Date:** 2nd Thursday of month 10.00am

**Phone:** 027 237 1700

**Email:** dmwilletts42@gmail.com

**BREAM BAY** *est. May 1996*

**Venue:** Ruakaka Recreation Hall,  
Ruakaka. (Off Peter Snell Drive)

**Date:** 4th Friday of month, 10.00am

**Phone:** 021 491 887

**Email:** breambay60sUp@gmail.com

**DARGAVILLE** *est. December 1998*

**Venue:** The Light House Function  
Centre.

**Date:** 1st Tuesday of month 1.00pm  
allowing for holidays at the  
Lighthouse, Harding Park, Dargaville.

**Phone:** 09 439 4560

**Email:** marg—pinny@xtra.co.nz.

**BIRKENHEAD** *est. August 1991*

**Venue:** Cedar Anglican Church,  
56a Tramway Rd, Beachhaven

**Date:** 2nd Tuesday of month, 10.00am

**Phone:** 09 483 8497

**Email:** ednabulkeley@hotmail.com

**BROWNS BAY** *est. February 1988*

**Venue:** Progress Hall, Anzac Road,

**Date:** 4th Monday of the month  
10.00am

**Phone:** 021 758 595

**Email:** nz.lilleys@gmail.com

**GLENFIELD** *est. 2nd April, 1990*

**Venue:** Glenfield Leisure Centre.

**Date:** 1st Monday of month 1.30pm  
(2nd Monday if 1st is holiday).

**Phone:** 022 038 9842

**Email:** john.poppytime@gmail.com

**HIBISCUS COAST** *est. June 1986*

**Venue:** Hibiscus Coast RSA  
43a Vipond Rd, Stanmore Bay,  
Whangarapaoa

**Date:** 3rd Wednesday of month  
10.00am

**Phone:** 09 427 6141

**Email:** peter.helen2018@gmail.com

**PUKEKOHE** *est. September 1996*

**Venue:** Pukekohe Cossie Club,  
Nelson St., Pukekohe.

**Date:** 2nd Wednesday of month  
10.30am

**Phone:** 09 238 1457

**Email:** helenmprobert@gmail.com

# Meetings Venue & Times

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## **SOUTH AUCKLAND** *est. May 1989*

**Venue:** St Andrews Presbyterian Church, 150 Great South Road, Manurewa.

**Date:** 1st Wednesday of month 10.00am.

**Phone:** 09 972 4492

**Email:** wlevin@xtra.co.nz

## **TAKAPUNA - DEVONPORT**

*est. June 1983*

**Venue:** St Joseph's Catholic Church Hall, 10 Dominion Street, Takapuna.

**Date:** 3rd Thursday of month 10.30am - 12.30pm.

**Phone:** 027 478 61023

**Email:** utting2@xtra.co.nz

## **WEST AUCKLAND** *est. July 1982*

**Venue:** New Lynn Friendship Club Inc, 3063 Great North Rd, New Lynn.

**Date:** 4th Saturday of the month at 10.30am

**Phone:** 09 827 4322

**Email:** gill.a@xtra.co.nz

## **THAMES & DISTRICTS** *est. March 2021*

**Venue:** Thames Bowling Club, 512 McKay Street, Thames

**Date:** 3rd Tuesday of month 10.00am

**Phone:** 022 139 9414

**Email:** p60sup@gmail.com

## **MATAMATA** *est. April 2010*

**Venue:** Anglican Church Lounge, Hohaia Street, Matamata

**Date:** 2nd Monday of month 1.30pm

**Phone:** 07 880 9223

**Email:** t-j-chiplin@xtra.co.nz

## **CAMBRIDGE**

**Venue:** Christian Centre, Raleigh Street, Leamington.

**Date:** 1st Tuesday of month 12.15pm

**Phone:** 027 211 1094

**Email:** gandshenshaw@gmail.com

## **TE AWAMUTU** *est. September 2008*

**Venue:** Waipa Workingmens Club 139 Albert Park Drive, Te Awamutu

**Date:** 3rd Friday of month at 10.30am

**Phone:** 07 871 4097

**Email:** pamandlloyd@xtra.co.nz

## **TAURANGA** *est. November 2020*

**Venue:** Tauranga Citizen's Club, cnr Cameron Road and 13th Avenue

**Date:** 1st Thursday of month at 10.00am

**Phone:** 027 668 3386

**Email:** rosiebirt@outlook.com

## **TAUPO**

**Venue:** Taupo Bowling Club

**Dates:** 2nd and 4th Mondays of the month.

**Phone:** 07 376 9443

**Email:** bettyros36@gmail.com

# Meetings Venue & Times

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## **HASTINGS** *est. 26th June 1990*

**Venue:** Aubyn Live Theatre, 815 Saint Aubyn St. West Hastings 4120.

**Date:** 2nd Tuesday 11.00am -1.00pm.

**Phone:** 06 879 9400

**Email:** cindyalexander@slingshot.co.nz

## **WHANGANUI** *est. 7th February 1990*

**Venue:** St. Andrews Church Hall, Glasgow St. Whanganui.

**Date:** 1st Monday of month (except holidays then 2nd Monday) 2.00pm

**Phone:** 06 345 4701

**Email:** mumsocks@xtra.co.nz

## **PETRE** *est. October 1999*

**Venue:** St Andrew's Hall, Glasgow Street, Whanganui

**Date:** 3rd Wednesday of month 2.00pm

**Phone:** 06 348 2409

**Email:** jennymw@xtra.co.nz

## **FEILDING** *est. October 1992*

**Venue:** Johnston Park Bowling Club, Drake Street, Feilding

**Date:** 3rd Monday of month, 1.30pm

**Phone:** 06 323 4170

**Email:** ireland.clan@inspire.net.nz

## **LEVIN** *est. April 1999*

**Venue:** Hudson Room, Cosmopolition Club, 47-51 Oxford Street, Levin 5510.

**Date:** 4th Monday of month 10.00am

**Email:** BARBARAMWM@xtra.co.nz

## **BROWN OWL** *est. August 1992*

**Venue:** Wesley Centre, Cnr. Benzie Ave. & Fergusson Drive, Upper Hutt

**Dates:** 1st & 3rd Friday of month, 9.30 for 10.00am

**Phone:** 04 977 9055

**Email:** pamelawk35@gmail.com

## **MAIDSTONE** *est. June 1997*

**Venue:** Upper Hutt Uniting Parish Hall, Benzie Ave, Upper Hutt

**Dates:** 2nd & 4th Friday of month 1.15 - 3.15pm

**Email:** william.panettieri@gmail.com

## **MOONSHINE** *est. October 1998*

**Venue:** Masonic Lodge Hall, Islington St, Upper Hutt.

**Dates:** 2nd & 4th Wednesdays of month 1.30pm

**Phone:** 04 528 9337

**Email:** sylviaslater@xtra.co.nz

## **SILVERSTREAM** *est. April 1990*

**Venue:** Silverstream Bowling Club, 37 Dunns Road, Silverstream, Upper

**Hutt Dates:** 1st & 3rd Fridays of month 9.30 for 10.00am

**Phone:** 04 970 4830

**Email:** annecatchpole@gmail.com

# Meetings Venue & Times

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**WAINUIOMATA** est. September 1987

**Venue:** Louise Bilderbeck Hall  
Main Road, Wainuiomata

**Date:** 1st & 3rd Wednesday of the  
Month at 10am

**Phone:** 04 564 5109

**Email:** jbward@xtra.co.nz

**INVERCARGILL** est. May 1991

**Venue:** Invercargill Workingmens  
Club, 1st Floor, Esk Street.  
(East Car Park entrance)

**Date:** 2nd Monday of month, 10.00am

**Phone:** 03 214 4802

**Email:** olive.rose@xtra.co.nz

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*The Movement established in 1982, is an organisation for anyone who is interested in the enjoyment of life for the older person. Our aim is to help them remain active, lively, contributing members of their local community. We are independent of any political party, religion, trade union, or any other organisation*

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*Next issue of Focus due in June 2024*

# National Executives 2023/24

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**Patron:** Margaret Pinny

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**Helen Michael - National President: Waikato Region Liaison Officer**

Pukekohe Branch Phone 09 238 1457, 021 256 8886

Email: helenmprobert@gmail.com

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**Phyllis Spencer - National Vice-President: Hutt Valley Liaison Officer**

Tauranga Branch Phone 027 692 7000

Email: pcspencer05@gmail.com

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**Pam Davis - National Secretary**

Thames Branch Phone 020 417 49817

Email: pam1@orcon.net.nz

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**Elaine Utting QSM - National Treasurer: Hastings Liaison Officer**

Takapuna/Devonport Branch Phone 027 486 1023

Email: utting2@xtra.co.nz

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**John Child - Privacy Officer: South Auckland, Browns Bay, Birkenhead, Glenfield Liaison Officer**

Glenfield Branch Phone 022 038 9842

Email: john.poppytime@gmail.com

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**Dale Everiss - Takapuna/Devonport, West Auckland, Hibiscus Coast Liaison Officer**

Takapuna/Devonport Branch Phone 09 410 3577

Email: dalee@orcon.net.nz

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**Barbara McGowen - Central District North Island Liaison Officer**

Levin Branch Phone 027 222 65705

Email: BARBARAMWM@xtra.co.nz

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**Joy Butterworth - Northland Liaison Officer**

Bream Bay Branch Phone 021 491 887

Email: breambay60sup@gmail.com

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**David Savage - Invercargill Liaison Officer**

Invercargill Branch Phone 021 177 709

Email: d.savage@yahoo.co.nz

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**Webmaster: Jennifer Gottschalk** Email: jennygo@complus.co.nz

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**Your Focus Contact** Helen Michael Email: helenmprobert@gmail.com

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# President's Report

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Hello Everyone,

Lots of changes have been made since June.

All Regions have their Liaison Officer living or having lived in the Region, this has made a significant difference.

The contact from my officers has been very rewarding and I believe will make a huge difference in keeping the National Committee updated with members' views and opinions from the Branches; also members are able to keep updated in changes, what's not working or what needs to be looked into, from the National Executive Committee.

Just to remind you, at all National Executive meetings, each Liaison Officer brings an update of their Region both verbally and written, with the written report given to the National Secretary enabling Branches to have reports from all Regions sent to them, thus keeping members informed.

Next year, Central Region, Feilding, Levin, Petre and Wanganui are helping with the 2024 Conference being held at the Distinction Hotel Conference Centre, Palmerston North, June 29th and 30th.

The new membership roll has, in most cases, been completed. Well done.

Holidays are almost upon us. Enjoy this time with family and friends; I believe we certainly deserve it.

***kindest Regards to you All.***

***Helen Michael***

***National President*** ■

# Birkenhead

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In August we celebrated our 32nd Birthday with a morning tea supplied by our members and entertained by Robin the Harpist. Anna, one of our committee members made a delicious chocolate cake and Zita one of our long standing members and also a committee member cut the cake for us. Once again it was great to have such a good turn out of members and everyone enjoyed the morning.

In May we visited the Clovercrest Donkey Stud Farm and after such a fantastic trip I decided to put pen to paper and wrote a poem about our trip. I hope you all enjoy it.

## **The Donkey Farm Trip**

*We're going on a trip today but where's the bus, it's been delayed.*

*I know it rained throughout the night but for us the sun is shining bright.*

*We've picked up all along the way, there are 43 of us today.*



*The bus is full of laughs and chatter as down the motorway we clatter.*

*The Autobahn is our first stop with cake and maybe something hot.*



*“Oh no” you weren’t expecting us, the dates it seems have been mixed up.*

*But quickly you all rallied round to make sure that a solution was found.*

*The tea and coffee was quickly set up with the best selection of cakes for us.*

*We thanked them all for a job well done and boarded the bus for the next run.*



*Clovercrest was new to us but the Donkeys soon we made a fuss,*

*They came up close and nudged and shoved and were so friendly, what's not to love.*

*Of course there is always one or two who think its ok to nibble your shoes.*

*The babies were a sheer delight but soon would be leaving for a new life.*

*Then it was time to say goodbye and we boarded the bus with the box of wet wipes.*

*The Manurewa Cossie Club was our final stop and the Roast was waiting piping hot.*

*When everyone had had their fill it was time for me to pay the bill.*

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*We said goodbye and thanked them all for giving us such a wonderful meal.*

*The ride home was not too bad the traffic jams we never had*

*And as we leave the bus that day a thanks to Steve our driver we say.*

*A quick wave and then its gone until our next trip for more fun.*

## Bream Bay

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**Joe with Jeannette Kerr**

At our AGM held 28 April our President Joe Beer presented 2 members with their Life Membership Certificates and badges. Their commitment over the years to our branch is well deserved this award.



**Joe with Robbie Jones**

### 25th Birthday May 2023

Recently the Bream Bay 60s up celebrated our 25th Silver Anniversary on 26th May.

Everyone was invited to bring a plate for a shared lunch. It's always surprising how much yummy food this attracts.

Our secretary made a Chocolate cake which we all enjoyed. Photos were taken and we all sang Happy Birthday to the club.

After Lunch Glennis Browne Author of many books, gave a talk of her family experiences on the ship to New Zealand. The trip on one of those early ships would not have been very comfortable with a family. Quite a few of our members bought her books as Glennis had brought some for sale.



**Our longest standing members**

Her first book was called “The Fortune Seekers”. The book is based on England, Wales, Australia and New Zealand. Glennis is found on Facebook.

We had a great array of raffles for our Birthday. It was a very pleasant day and enjoyed by everyone.



# 2023 Conference

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# Dargaville (The Winterless North)

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Greetings to all branches. Since this will be our last Focus for 2023 we wish you all a Very Merry Christmas and a Happy New Year. We look forward to having the pleasure of meeting as many other branch members as possible during the year.



Our 2023 AGM went very well. We now have twelve committee members, plus our President Margaret Pinny to guide us through the year.

Another special occasion for Dargaville; Marie McEwen, pictured on the left becomes our third Life Member. Marie has now left our committee after many years of considerable activity. Marie will continue

to work for 60's Up in a variety of situations in a non-committee capacity. The certificate was presented by our Vice President, Judy Dysart.

We've found another talented lady in our club. Alma made some beautiful posies & a bouquet for presentation at the AGM. Our speaker, Craig, local volunteer firemen and owner of our local electrical shop. Subject as you can guess, Fire



**Our fun Day Royal Family, King Gordon & Queen Lynne. The crowns were made by themselves involving considerable skill and patience. Thank you.**

Alarms, Batteries & Fire Safety. We pass his recommendations on to you all. Change your batteries once a year.

## Northland Fun & Friendship Day

Dargaville held a regional meeting, we called it a “Fun and Friendship Day” the theme was a Coro-nation, starting at 10.30am for morning tea, bringing together the northern branches, Whangarei, Kamo & Bream Bay.

The invitation suggested you are a guest at a coronation, put on your glad rags, get out the best hat, make yourself look like a millionaire, or best bib and tucker, bow tie & boots. Reception to the idea was good, we had some wild interpretations to the dress code. We catered for 100 visitors including our branch members. Our Coronation cake, adorned for the occasion, was made by our President's daughter, Megan. The cake was cut for lunch by our newly elevated King & Queen and what a splendid job they did.

Our morning started with a local quintet of talented singers “Take Five” it certainly got the atmos-phere going, we all enjoyed their singing, I think they seemed to get as much enjoyment as we all did. A great team. This was followed in the afternoon with poetry reading by our local poet from her own collection of work.

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The afternoon provided several prizes for the best dressed in many categories including the best dressed man.



### Now for a Dargaville Smile

Two 60 UP'ers in bed. The wife says to her husband, when we were younger you would give me a cuddle before we went to sleep, so he gives her a cuddle. Do you remember you used to give me a big kiss before we went to sleep, that was nice, so he gives her a lovely big kiss. I can remember you used to bite my neck, it would send shivers down my spine, I can still do that he said and starts getting out of bed. Where are you going she said? I'm going to get my teeth.



**The best dressed man on top and an elegantly dressed lady at the right with an incredibly large hat. I had to duck down and look underneath the brim to see who it was. Hi Bronwyn!**



# Hastings

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Hastings Branch was delighted to have Hopping Frogs from Napier entertain us playing Ukulele music, all retired amazing talented people.

Hastings Branch opened 24 June 1990 in June 2023 celebrated our 33rd year which we had a huge Carrot Cake which all members enjoyed.



In July we went to visit “Wild Bills Cowboy Saloon” which Bill Dysart has converted his garage into an American Saloon in Waipukarau. We ended the visit with delicious lunch at Latitude 40 South. This trip we joined with R.S.A. Women’s Division in Hastings.

In July we had our Mid winter Lunch at Mary Doyle in Havelock North, a buffet meal enjoyed by all.

In December we will have our Xmas lunch at Mary Doyle in Havelock North.

Hastings has had a change of venue which we are getting used to.

It is 6 months in August since Cyclone Gabrielle devastated our region. So many families were still waiting to see if they are going to get paid out, where their homes are now uninhabitable.

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In October a lot of families have been now advised of buyouts or had category's changed for their homes.

The mangled railway line damaged in the Cyclone is now repaired and trains can now go through to Napier Port. The Bridge into Taradale has also been repaired making a huge difference for travel. It will be years before orchards and farms will be restored back to what they were.

# Kawakawa

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## Vintage Train in Kawakawa

With a nice, clear day & a full bus we started our journey north. We had a new bus driver, Callum & he was 'new'. First time out & we all looked after him. A very pleasant young man, engaging in conversations with all & a considerate driver. I would say he enjoyed the day out as much as we did.

We headed to Kawakawa for morning tea & a quick browse around the township. Then met at the railway station to board the vintage

train for departure at 10.00am. With helpful & knowledgeable volunteer staff providing us with a running commentary on the history of this rail line.



The Bay of Islands Vintage Railway is one of the longest steam heritage



lines in New Zealand, & the only tracks in New Zealand to run on a state highway & along the main street of a town. A work in progress is to operate a scenic tourist railway between Kawakawa & Opua. Something to look forward to, I am sure.

Once back in Kawakawa, we continued our bus journey to Paihia for lunch. On our arrival we discovered Paihia was celebrating its 200 years' anniversary, so there was plenty to do in this 'carnival' atmosphere. Some members found lunch on 'the green' where a good-sized market was held with plenty of food stalls & music. We all split up to investigate various adventures with the notice to be back on the bus by 2.30pm.

Some groups went to see the wakas landing, while others caught the ferry across to Russell. Sheryl & I decided to take a Harley Davidson trike tour, which took us up to Huhuru Falls, Waitangi Treaty Grounds & round-about the township, with stops to take some photos. The only rain we got that day, unfortunately for us, was while we were on the trikes. However, our driver stopped to give us rain coats & the shower passed quickly, so it wasn't an issue. It was an enjoyable experience & it certainly blew my hair back.



It was an enjoyable experience & it certainly blew my hair back.

The bus departed for home at 2.30pm with a rather 'quiet' trip back, with tired but happy people.

# Pukekohe

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September Pukekohe Branch celebrated their 27th Birthday inviting New Branch Thames to join them, with Founding Member Adrienne Grant cutting the Birthday Day Cake, together with spot prizes, entertainer Kevin Greaves and Great Food, it was a Day to Remember.



# Silverstream

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Long-time member of Silverstream 60s Up, Ruth Barnard was recently awarded Branch Life Membership in recognition of valuable contributions to the 60s Up Movement of New Zealand. A committee member for many years and our regular delegate to a number of National Conferences, Ruth also very much enjoyed eight 60s Up trips around New Zealand, organised by Coral Atkins and Molly Ballantyne of the Hastings Branch. Well done, Ruth!

During the winter, club members were treated to a talk by two super-keen librarians, Danny and Rhea, about the facilities offered at the Upper Hutt Library. Upper Hutt has two library branches, two mobile library services, Pūrehurehu Mobile Library Service which visits schools, kindergartens and community events, and Mangaroa Mobile Library Service used for special deliveries, such as to the elderly. If you are not sure of which books you would like to borrow, just ask a librarian for a recommendation. Upper Hutt library is part of the New Zealand inter-library loan service and can order a title for you for \$12, which covers the courier costs both ways. The library has many talking books available for using on your CD player, with a limit of 100 talking books at a time! Library staff watch their collection very closely and are always buying new releases and following up on New Zealand Book Awards, Radio New Zealand reviews and suggestions from the public. Non-fiction books can get out of date, especially if they are health-related, and are generally more expensive. Books that are withdrawn from the collection are available from a trolley for just 50c or \$1.

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A Friday Writing Group is based at the library and there were 100 entries in the library's annual story writing competition.



There is also a Book Group and a Poetry Discussion Group on classic and modern poetry and an annual poetry writing competition, a genre you might either love or hate! 'We have fantastic poets right here in Upper Hutt!'

There's also Paper Craft Creations, an art and craft and card making group, – better than a bought card or an email on those special occasions. Scrapbooking and colouring in enthusiasts are also welcome. There are more than 40 board games in the board games collection and 220 jigsaw puzzles for borrowing! There is a 500 Card Club for beginners and advanced players. You can hire a ukulele and join beginners and experienced players in the ukulele orchestra group at the library. A Family History Group where beginners and advanced researchers can share research successes, challenges, tips and advice. The Upper Hutt Local History Group members share and enjoy memories of Upper Hutt through the decades.

Computers are available for your use and Senior Net will assist you to set up your smart phone, laptop, ipad or tablet or other tech devices. Or you might need help to apply for a passport, set up an email account or use an on-line service. You can also borrow a Healthy Homes kit, an enterprise in conjunction with the

City Council. It measures the humidity in your home and where the heat is escaping from. A specialist can also visit your home with ideas that will help your heating budget.

Other services include a visiting JP, and the free Community Law professionals. You don't have to be a ratepayer to join the library – anyone can join, free of charge. Why not pay a visit to your own local library some time soon? You might be surprised by what they have to offer. The speakers enjoyed visiting our club, saying we took an interest, more than usual, and asked good questions. Later in the winter, 35 members of Silverstream 60s Up made good use of the Lottery grant and travelled by bus along the recently opened Transmission Gully Road to Otaki where they enjoyed visiting a number of outlet shops, then lunched at Paekakariki's Fisherman's Table.

## Wainuiomata

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We celebrated our 36th birthday with a beautiful cake for morning tea. Pictured is our President Elma Johnston with Dorothy Reuschler who is a foundation member, and the grand age of 99.





# Takapuna-Devonport

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## 90's Up Show the Way for 60's Up at Takapuna-Devonport branch

We are so privileged to have among our members so many Nonagenarians – and they are still active, from running exercises classes (Pam Robinson and Pat Roderick) – to others attending meetings, film days and joining in our bus trips. Most of them have been our 'speaker for the day' at our monthly meetings, talking about their very full and exciting lives. They are an inspiration to us "younger" ones who only have to look at their pleasure in just being alive, well and able to contribute in a very special way. Their experiences and knowledge are an amazing help to our Committee. They definitely demonstrate that 'there is life after 90'. Gwen Hodgson kept hiding from the camera but she is also a member of this group. Below and at the right are the ones who weren't quick enough to escape...



**Dawn Moody**



**Betty Duffy**



**Frances Hallford**





**Thelma Phillips and Kathleen McMullan**



**Pat Hevacan**



**Pam Robinson**



**Pat Roderick**



**Dorothy Stevens**



**Betty Curnow**

