

FOCUS **60s UP**



2023 – ISSUE 3

Official magazine of the 60'sUp Movement NZ Inc.
www.60supmovement.org.nz

Meetings Venue & Times

KAMO *est. November 1998*

Venue: The Cottage, Kamo Bowling Club, Three Mile Bush, Kamo.

Date: 2nd Tuesday of the Month
10.00am - 2pm

Phone: 09 435 5544

Email: jennymanley2@gmail.com

WHANGAREI *est. July 1990*

Venue: Northland Club,
8 Porowini Ave, Whangarei

Date: 2nd Thursday of month 10.00am

Phone: 09 972 7562

Email: allanmcfarlane101@gmail.com

BREAM BAY *est. May 1996*

Venue: Ruakaka Recreation Hall,
Ruakaka. (Off Peter Snell Drive)

Date: 4th Friday of month, 10.00am

Phone: 09 433 0434

Email: joymurray@xtra.co.nz

DARGAVILLE *est. December 1998*

Venue: The Light House Function
Centre.

Date: 1st Tuesday of month 1.00pm
allowing for holidays at the
Lighthouse, Harding Park, Dargaville.

Phone: 09 439 4560

Email: marg—pinny@xtra.co.nz.

BIRKENHEAD *est. August 1991*

Venue: Cedar Anglican Church,
56a Tramway Rd, Beachhaven

Date: 2nd Tuesday of month, 10.00am

Phone: 09 483 8497

Email: ednabulkeley@hotmail.com

BROWNS BAY *est. February 1988*

Venue: Progress Hall, Anzac Road,

Date: 4th Monday of the month
10.00am

Phone: 021 758 595

Email: nz.lilleys@gmail.com

GLENFIELD *est. 2nd April, 1990*

Venue: Glenfield Leisure Centre.

Date: 1st Monday of month 1.30pm
(2nd Monday if 1st is holiday).

Phone: 022 038 9842

Email: john.poppytime@gmail.com

HIBISCUS COAST *est. June 1986*

Venue: Hibiscus Coast RSA
43a Vipond Rd, Stanmore Bay,
Whangarapaoa

Date: 3rd Wednesday of month
10.00am

Phone: 09 427 6141

Email: peter.helen2018@gmail.com

PUKEKOHE *est. September 1996*

Venue: Pukekohe Town Hall,
Massey Ave, Pukekohe.

Date: 2nd Wednesday of month
10.30am

Phone: 09 238 1457

Email: helenmprobert@gmail.com

Meetings Venue & Times

SOUTH AUCKLAND *est. May 1989*

Venue: St Andrews Presbyterian
Church, 150 Great South Road,
Manurewa.

Date: 1st Wednesday of month
10.00am.

Phone: 09 972 4492

Email: wlevin@xtra.co.nz

TAKAPUNA - DEVONPORT

est. June 1983

Venue: St Joseph's Catholic Church
Hall, 10 Dominion Street, Takapuna.

Date: 3rd Thursday of month
10.30am - 12.30pm.

Phone: 09 413 6562

Email: utting2@xtra.co.nz

WEST AUCKLAND *est. July 1982*

Venue: New Lynn Friendship Club
Inc, 3063 Great North Rd, New Lynn.

Date: 4th Saturday of the month at
10.30am

Phone: 09 827 4322

Email: gill.a@xtra.co.nz

THAMES & DISTRICTS *est. March 2021*

Venue: Thames Bowling Club, 512
McKay Street, Thames

Date: 3rd Tuesday of month 10.00am

Phone: 022 139 9414

Email: p60sup@gmail.com

MATAMATA *est. April 2010*

Venue: Anglican Church Lounge,
Hohaia Street, Matamata

Date: 2nd Monday of month 1.30pm

Phone: 07 888 8724

Email: macsi@xtra.co.nz

CAMBRIDGE

Venue: Christian Centre, Raleigh
Street, Leamington.

Date: 1st Tuesday of month 12.15pm

Phone: 027 211 1094

Email: gandshenshaw@gmail.com

TE AWAMUTU *est. September 2008*

Venue: Waipa Workingmens Club
139 Albert Park Drive, Te Awamutu

Date: 3rd Friday of month at 10.30am

Phone: 07 871 4097

Email: pamandlloyd@xtra.co.nz

TAURANGA *est. November 2020*

Venue: Tauranga Citizen's Club,
cnr Cameron Road and 13th Avenue

Date: 1st Thursday of month at
10.00am

Phone: 027 668 3386

Email: rosiebirt@outlook.com

TAUPO

Venue: 2nd Monday Bridge Club
Rooms 10.00am. 4th Monday away
tour to be advised.

Dates: 2nd and 4th Mondays
of the month.

Phone: 07 376 9443

Email: bettyros36@gmail.com

Meetings Venue & Times

HASTINGS *est. 26th June 1990*

Venue: St Marks Church Hall, Queen St East, Hastings.

Date: 2nd Tuesday 10.00am -12 noon.

Phone: 06 879 9400

Email: cindyalexander@slingshot.co.nz

WHANGANUI *est. 7th February 1990*

Venue: St. Andrews Church Hall, Glasgow St. Whanganui.

Date: 1st Monday of month (except holidays then 2nd Monday) 2.00pm

Phone: 06 345 4701

Email: mumsocks@xtra.co.nz

PETRE *est. October 1999*

Venue: St Andrew's Hall, Glasgow Street, Whanganui

Date: 3rd Wednesday of month 2.00pm

Phone: 06 348 2409

Email: jennymw@xtra.co.nz

FEILDING *est. October 1992*

Venue: Johnston Park Bowling Club, Drake Street, Feilding

Date: 3rd Monday of month, 1.30pm

Phone: 06 323 4170

Email: ireland.clan@inspire.net.nz

LEVIN *est. April 1999*

Venue: Hudson Room, Cosmopolition Club, 47-51 Oxford Street, Levin 5510.

Date: 4th Monday of month 10.00am

Email: BARBARAMWM@xtra.co.nz

BROWN OWL *est. August 1992*

Venue: Iona Centre, Ebdentown Street, Upper Hutt 5018

Dates: 1st & 3rd Friday of month, 9.30 for 10.00am

Phone: 04 977 9055

Email: pamelawk35@gmail.com

MAIDSTONE *est. June 1997*

Venue: Upper Hutt Uniting Parish Hall, Benzie Ave, Upper Hutt

Dates: 2nd & 4th Friday of month 1.15 - 3.15pm

Email: william.panettieri@gmail.com

MOONSHINE *est. October 1998*

Venue: Masonic Lodge Hall, Islington St, Upper Hutt.

Dates: 2nd & 4th Wednesdays of month 1.30pm

Phone: 04 528 9337

Email: sylviaslater@xtra.co.nz

SILVERSTREAM *est. April 1990*

Venue: Silverstream Bowling Club, 37 Dunns Road, Silverstream, Upper

Hutt Dates: 1st & 3rd Fridays of month 9.30 for 10.00am

Phone: 04 970 4830

Email: annecatchpole@gmail.com

Meetings Venue & Times

WAINUIOMATA *est. September 1987*

Venue: Louise Bilderbeck Hall Main Road, Wainuiomata

Date: 1st & 3rd Wednesday of the Month at 10am

Phone: 04 564 5109

Email: jbward@xtra.co.nz

INVERCARGILL *est. May 1991*

Venue: Invercargill Workingmens Club, 1st Floor, Esk Street.

(East Car Park entrance)

Date: 2nd Monday of month, 10.00am

Phone: 03 214 4802

Email: olive.rose@xtra.co.nz

The Movement established in 1982, is an organisation for anyone who is interested in the enjoyment of life for the older person. Our aim is to help them remain active, lively, contributing members of their local community. We are independent of any political party, religion, trade union, or any other organisation

Next issue of Focus due in November

National Executive 2022/23

Patron: Bev Burford

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Pukekohe Branch Phone 09 238 1457, 021 256 8886
Email: helenmprobert@gmail.com

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Pukekohe Branch Phone 09 238 1929, 021 900 709
Email: julie.town@xtra.co.nz

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Takapuna Branch Phone 09 413 6562, 027 486 1023
Email: utting2@xtra.co.nz

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Phone 022 0389842
Email: john.poppytime@gmail.com

Invercargill and Hutt Valley Liaison Officer:

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Wainuiomata Branch Phone 04 971 8835
Email: jhobbs1935@gmail.com

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Takapuna/Devonport Branch
Phone 09 410 3577
Email: dalee@orcon.net.nz

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Your Focus Editor contact Helen Michael Email: helenmprobert@gmail.com

Presidents report

Hello Everyone

We have certainly as a Country been through incredibly unbelievable Weather, such terrifying destruction throughout our Beautiful Country.

For those of you, and I know there is, who are awaiting for their homes to be evaluated, virtually waiting to see the Outcome of what they have put their whole working Lives into, One or Two Lines on a piece of Paper, it is hard to even try and put yourself into that position.

What I will say to you "please remember to Reach Out to the National Body, Members of the 60s Up Movement" ...let us know if there is anything we can do for you...Communication, Awareness, Transparency...this is why these Words are so Important...it says.." Let us know, we are now aware of your position, don't hide away"

I send Warmest Regards to you All.

Helen Michael

National President ■

Dargaville (The Winterless North)

Greeting to all members. It's good to be back on stream again with our meetings, having come through all nature can throw at us, Covid, Cyclone, Floods & days without Electricity for some of our members.

Regular monthly visits to Kaipara cafes & restaurants are back on scheduled again, we visit Asian, Indian, Chinese, Thai & good old Kiwi Cuisine.

Entertainment has been good, we have some very talented people in our community.

We've also managed to squeeze in some educational interests, North Able Plus from Whangarei introduced us to the many aids they have to make life easier for us young at heart folk.

St. Johns were invited and personal alarms, the full range and there applications explained.

I mustn't forget our November meeting, the same date as the Melbourne Cup, we couldn't let that pass without some drama. We held a fancy hat parade, a lot of fun when you have imagination and our team does, prizes were given. This was also our Bingo day, we have done these a couple of times before, we're now getting very professional. Chris one of our committee members, we found out is very good with wood and has made some beautiful boxes for prizes.

For our February meeting we were lucky enough to have the



ladies from the Mangawhai Ukulele group to entertain us. Eight ladies with a variety of instruments including a base Ukulele.

They are such a vibrant group, their enthusiasm is shared by the people they entertain. We thoroughly enjoyed the afternoon & I'm sure they had a good time and they joined us for afternoon refreshments.

If possible we will try to get them to come to us again next year.

Now for a Dargaville Smile

A Scotsman researching the price of a tooth extraction with his local dentist was advised that removal of one tooth would cost him \$450.00.

No! he said, much to much, I can't afford that. Look, I know you train young dentists, how about if I let your trainee dentists look on while you carry out the removal, would you reduce the price? Yes, I'll reduce the price to \$350.00. Still more than I want to pay. Now, if one of your trainees did the extraction, how much would it cost now? I'll do it for \$250.00. We're getting there. How about if you do it without the anaesthetic, what price now? \$150.00. that's good he said. Book my wife in. ■

Tauranga

Recently at two of our Monthly Meetings; held at the Tauranga Citizens Club upstairs Restaurant; we have enjoyed two speakers who also have given us musical interludes.

In August one of our own members; George Yardley told us of his Scottish Heritage. George was born in Dunedin and enjoyed a great young life there with his family. He has been involved with pipe bands and piping for most of his life and told us of his collection of Bag Pipes and how he plays every day, something some of his neighbours do not always enjoy (many of our members wished he were our neighbour). He then gave us a musical interlude, which



saw several of our members in tears as he played – we also learnt later that Citizen Club Members down in the Bristro Bar, were hoping he would go downstairs and play for them as well.

At our November Monthly Meeting our guest speaker was Greg Brownless; (ex-Mayor of Tauranga). His subject was Confessions of a Tour Guide – he told of his career in his much younger years as a Tour Guide working out of the UK and travelling as a guide around Europe. He took us all on a virtual tour with him around Europe, telling us that not always did we stay in up-market hotels and some of the funny things the Tour Guide got asked.



Some people would ask him “if I do not take a jacket today will I get cold” or “if I do not have breakfast will I be hungry”. He said Tour Guides never admit that they are lost. He ended his talk by getting out his Titano Accordion and playing for us which was well received.

On Melbourne Cup Day the Bolivia Cards Adjunct, arranged a table for the Melbourne Cup at the Tauranga Citizens Club. This was a fun day; we decorated our table with serviettes, placemats and feathers and all dressed up for the occasion, and wearing of a hat was essential. Lunch was a great Smorgasbord Buffet lunch done by the Bistro Staff, some members arrived after lunch but we had drinks and few bets (most of our horses are still running). One of our number won the Ladies Hat of the day (second from left in photo); and all the ladies did parade for the Best Dressed Lady – sadly no prizes there. ■



Hastings District Branch

This year has not been very good with Covid still around and health issues for some members.

In July 2022 we celebrated at the Taradale R.S.A. for our 33rd birthday lunch. Enjoyed by all travelling by bus made it much easier than taking cars.

In July we travelled by bus to Rissington to pick lots of daffodils at a farm owned by Hartrees.



We then went to see the Anzac Soldiers Memorial carvings at Rissington.

These are 2 very large stumps of Redwood trees 120 years old. You can look them up on Google. Very impressive. We then went onto Puketapu Hotel to have a delicious lunch. Rissington and Puketapu were affected by the Cyclone. The hotel will not reopen for 3 months. In December we went to Havelock North to Mary Doyle to have our Xmas Lunch, which was a fantastic meal enjoyed by all.

Hawkes Bay had a lot of devastation from Cyclone Gabrielle, orchards, vineyards, farming land and loss of animals by the hundreds as you would of seen from television. In my area we lost power for 2 to 3 days, losing all in our freezers, but we didn't get flooded thank goodness. Napier was isolated from Hastings and

no way to Taupo or to Wairoa and it will be many months getting everything cleared. A lot of residences were filled with silt and water and sewerage and had to be stripped of all linings, some will not be rebuilt.

We had a trip planned for Taupo the next day which was cancelled.

Hopefully the rest of the year will be better, but with Covid still around one doesn't know. ■

Glenfield

Over the year as a branch we have had the odd hiccup not being able to hold a meeting or a bus trip because of things beyond our control. The committee are always trying to find new, interesting places to visit for our trips with suitable morning tea and lunch venues. This also goes for finding entertainers and speakers for our monthly meetings.

All these things cannot happen without funding. Janet our Treasurer does amazingly well in applying for funding from various sources and has indeed done so for over 18 years. This will be even more difficult now, with Cyclone Gabrielle causing so much wide spread devastation throughout the country. Many people still in so much need.

Some of the highlight entertainers for the branch over the last

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Branch members on a recent trip.

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year have been some musical entertainers.

Jess Rogers- a very talented young woman with an amazing voice who covered a large range of styles for everyone's enjoyment. She now works in the performing arts industry and is a member of the vocal trio the Madeleines who perform at many events.

New Howick Ukulele Band - Were great with 10 or so members entertaining us with their Ukuleles and a couple of guitars in the mix. Some of their members in their 80's. Great popular music to sing and to dance to. Unfortunately our members are a bit shy and couldn't be persuaded to get up and dance. The members enjoyed singing along, clapping of hands and lots of feet tapping to the music.



New Howick Ukulele Band

Rosmini College Orchestra - What an amazing range of talent

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amongst these boys .We are looking forward to their return at our AGM. This time we will be entertained by the choir and some solo musical performances.

Dogs – Always popular, have paid us visits. Sergeant Pederson with his very handsome four legged partner. Gave us the history of the Police Dog force in New Zealand. Lady and Odette Golden Retrievers came along with their handlers. They explained once the dogs are fully trained they become assistance dogs, helping low vision people with everyday tasks. Our members spent up large on the adorable soft toy dogs and the socks for fundraising.

Trips – The Godwits trip finally took place after being cancelled because of Covid. A long day trip but very enjoyable. A very interesting talk at the bird centre on all the species that visit. Unfortunately there was not a lot of birds to get close to. The fish and chip lunch was excellent. Our lovely bus driver Steve, drove us along the coast road home, stopping for oysters and ice creams, putting the finishing touch to our great trip.

Addenbrook Gardens in Drury was enjoyed with lovely Devonshire teas. Scones and cream to die for, tea served in beautiful china. We are making a revisit by request of our members. Hoping this time the weather will be kinder to us. The only damage the gardens sustained in Cyclone Gabrielle was the loss of their lovely cork tree.

Membership- we currently have 100 members and it has been great to welcome a number of new members to our branch already this year.

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At the end of the year we ask our members for donations of unperishable food items to donate to our local Salvation Army food bank. We also ask for donations of new toys for the charity "Grandparents raising Children". Our members were extremely generous, donating many food items and beautiful toys. These were very much appreciated and helped towards making a big difference to so many families in need.



Christmas presents 2022 donated by members for Grandparents raising Children.

Our annual Christmas party that the committee provides for our members was a great success. Having the largest number of members we have ever had attend. With not being able to have a party the previous year because of Covid restrictions, it was nice for everyone to get together and socialise



Array of door prizes at our Christmas Party 2022.

We had great door prizes for everyone because of the generous contributions donated by members. We also had our usual raffles. Great food and plenty of it. Lovely punch made by Doris a committee member and various liquid refreshments and last but not least beautiful Christmas cake made by Janet our Treasurer.

We look forward to a good year and hope we are not affected by Covid outbreaks and Cyclones. ■

Carole Appleton – Secretary

60s Up South Island Tour: 20 November – 3 December 2022

Forty-eight 60s Up members from Ruakaka, Napier, Taradale, Greenmeadows, Hastings, Waipukarau, Wanganui, Taupo, Upper Hutt and Silverstream Clubs were on the tour. The coach set out from Hastings and collected Wellington members from the Railway Station before crossing to Picton by Bluebridge.

The next day, we travelled to Havelock where we boarded the Mail Boat to experience how mail and groceries get delivered to people living in isolated parts of the Sounds. As the launch pulled in at jetties, families ran down to meet it, one accompanied by three little pigs, mail bags were swapped and along the sounds we admired beautiful homesteads. Later we visited Makana Confections, a chocolate factory shop in Blenheim. Next morning, we visited the Omas Aviation Heritage Centre and its world class exhibition of aircraft from both world wars, some created by Peter Jackson. It was chilling to learn that men and women leaving for war with the RNZAF had a life expectancy of only 28 days. We then travelled down to the delightful town of Hanmer Springs and the gorgeous old Hanmer Springs Hotel. Next day, we called in at the renowned Darfield Bakery, adjacent to a fabulous pharmacy-cum-gift-shop, before staying the night at Ashburton.

A wonderfully memorable day was spent touring around three high country stations, all not far from Mount Hutt Lodge. The

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Point Station has had residents since 1866, with the fifth generation now farming five thousand sheep, plus rams and bulls. Middle Rock was a huge property with 7000 sheep, where the farmer's wife turns on fabulous lunches for coach loads like ours. At 3000 acre Benlea with 4500 sheep and 400 cattle, our coach travelled for about an hour around the farm, while the owner gave a most interesting commentary as at Middle Rock. Next morning, we travelled 5kms up the Ashburton River to Violinos, for a unique musical experience. Each of us was given an instrument, real or home-made, and were formed into a band of sorts! Music featured throughout the home, including carpet depicting a giant keyboard. Down the South Canterbury plains, through Temuka and Timaru, we reached Waimate. Tall silos painted with the town's heroes, like Norman Kirk and Chief Te Huruheru, dominate the town, and a glow-in-the-dark White Horse overlooks the town as a tribute to the Clydesdale horse. We crossed the Waitaki into North Otago to Kurow, home of Richie McCaw, whose larger than life size image on sheets of corflute graces the town.

Next stop was Oamaru, but not before pulling in to the eagerly awaited delights of the Regina seconds lolly shop. That night we stayed at the historic Brydone Hotel, built in the 1880s. South of Oamaru, we stopped at the Moeraki Boulders and learnt that not so long ago, some boulders were removed, as in stolen, to decorate gardens. After we dropped down into Dunedin, the Edinburgh of the South, we travelled round the bays to the well-appointed Albatross Centre, before taking a one-hour Wildlife Cruise on the Otago Harbour. Despite being almost summer, it was absolutely freezing out there. A variety of alba-

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trosses soared overhead, plus other birds like shags, petrels and terns. There were seals too and blue and the rare yellow-eyed penguins. When night fell, there was a special treat at the hotel. Scotsman Iain Seather, together with our coach driver and crew, suitably disguised, escorted a haggis into the dining room and proceeded to address it. It was absolutely hilarious. Sunday was the coach driver's day off, and we were let loose on the busy little city. Some caught up with friends and family, went sightseeing or shopping and a group enjoyed the evening's Advent Carol service at St Paul's Cathedral in the Octagon. It was in Dunedin that we were given the very sad news that one of our group had just died. Two brothers and their wives from Hawkes Bay were with us and Colin became ill and very sadly died at Dunedin Hospital. Our deepest sympathy to Colin's family.

It was a quiet journey out of Dunedin the next day. At Beaumont we saw progress on the impressive new bridge over New Zealand's second longest river, the Clutha, and at Roxburgh we enjoyed the famed Jimmy's Pies. Near Alexandra, we visited a grand, deserted, castle-like home, Earnsclough Station Homestead. We drove carefully through the 30km long Kawarau Gorge, described as a 'high crash area'. The gorge is the site of several extreme sports, including AJ Hackett's bungy jumping. At the northern end, we saw the preserved remains of several Chinese gold-miner's tiny cottages high above the banks of the river. Next day we boarded the Kingston Flyer steam train for the 14 km return journey from Kingston down to the historic Fairlight Railway Station. Up at Arrowtown, we enjoyed the Chinese village and talking public toilets – 'Please press the button to close and lock

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the door. Your maximum use time is ten minutes. Press the button to unlock the door.' Next day we stopped in Tekapo to see the Church of the Good Shepherd on the edge of the lake and the famous statue of the collie dog, Friday. After pretty Geraldine and a visit to Barkers to stock up on pickles and jams, we stayed at Christchurch. The next stops were at Cheviot, Kaikoura and the world class formal 10-acre garden, Winterhome Garden, and Blenheim and Picton. Those from north of Upper Hutt stopped at the Tui Brewery at Mangatainoka before arriving back at Hastings. Special thanks for everything to Coral, Molly and Rodger the coach driver. ■

Rosemary Jamieson, Silverstream Branch