

FOCUS



2019 - ISSUE 2



Official magazine of the 60'sUp Movement NZ Inc.
www.60supmovement.org.nz

MEETINGS - VENUES & TIMES

KAMO *est. November 1998*

Venue: Kamo Club Inc., Meldrum St, Kamo.
Date: 2nd Tuesday of month 1.00pm
Phone: 09 435 5262
Email: margfind@gmail.com

WHANGAREI *est. July 1990*

Venue: Northland Club, 8 Porowini Ave, Whangarei
Date: 2nd Thursday of month 10.00am
Phone: 027 922 1411
Email: ikj60plus@gmail.com

BREAM BAY *est. May 1996*

Venue: Ruakaka Recreation Hall, Ruakaka. (Off Peter Snell Drive)
Date: 4th Friday of month, 10.00am
Phone: 09 433 0434
Email: joymurray@xtra.co.nz

DARGAVILLE *est. December 1998*

Venue: Dargaville Rugby Club, Murdoch Street, Dargaville.
Date: 1st Tuesday of month 1.00pm
Phone: 09 439 4560
Email: marg_pinny@xtra.co.nz.

BIRKENHEAD *est. April 1990*

Venue: Cedar Anglican Church, 56a Tramway Rd, Beachhaven
Date: 2nd Tuesday of month, 10.00am
Phone: 09 483 6273
Email: kathwright1946@gmail.com

BROWNS BAY *est. February 1988*

Venue: Progress Hall, Anzac Road,
Date: 10.00am, 4th Monday of the month
Phone: 09 413 9960
Email: nccarter@xtra.co.nz

DEVONPORT *est. September 1989*

Venue: Trinity Hall, Church Street, Devonport
Date: 2nd Tuesday of month 10.00am
Phone: 022 317 9422
Email: noelle5@hotmail.co.nz

GLENFIELD *est. 2nd April, 1990*

Venue: Glenfield Leisure Centre, Glenfield.
Date: 1st Monday of month 1.30pm (2nd Monday if 1st is holiday).
Phone: 022 038 9842
Email: john.poppytime@gmail.com

HIBISCUS COAST *est. June 1986*

Venue: Hibiscus Coast RSA
43a Vipond Rd, Stanmore Bay, Whangarapaoa
Date: 3rd Wednesday of month 10.00am
Phone: 09 427 6141
Email: peter.helen2018@gmail.com

NORTHCOTE *est. May 1990*

Venue: Northcote Citizens Hall, Ernie Mays Street, Northcote
Date: 1st Friday of month 10.00am
Phone: 09 433 5227
Email: colemaneandj@yahoo.com

PUKEKOHE *est. September 1996*

Venue: Pukekohe Town Hall, Massey Ave, Pukekohe.
Date: 2nd Wednesday of month 10.30am
Phone: 09 238 3141
Email: laviniamitchell1610@gmail.com

SOUTH AUCKLAND *est. May 1989*

Venue: St Andrews Presbyterian Church, 150 Great South Road, Manurewa
Date: 1st Wednesday of month 10.00am.
Phone: 09 299 7224
Email: wlevin@xtra.co.nz

TAKAPUNA *est. June 1983*

Venue: St Joseph's Catholic Church Hall, 10 Dominion Street, Takapuna.
Date: 3rd Thursday of month 10.30am - 12.30pm monthly meeting.
Phone: 09 413 6562, 027 486 1023
Email: utting2@xtra.co.nz

WEST AUCKLAND *est. July 1982*

Venue: New Lynn Friendship Club Inc, 3063 Great North Rd, New Lynn.
Date: 4th Saturday of the month at 10.30am
Phone: 09 827 4322
Email: gill.a@xtra.co.nz

MATAMATA *est. April 2010*

Venue: Anglican Church Lounge, Hohaia Street, Matamata
Date: 2nd Monday of month 1.30pm
Phone: 07 888 8724
Email: macsi@xtra.co.nz

PAPAMOA *est. June 2012*

Venue: Papamoa Sport & Recreation Centre, Gordon Spratt Reserve, Parton Rd Papamoa.
Date: 1st Saturday of month 12.00 noon.
Phone: 07 574 2441
Email: suppapamoa@gmail.com

CAMBRIDGE

Venue: Christian Centre, Raleigh Street, Leamington.
Date: 1st Tuesday of month 12.15pm
Phone: 07 827 6305
Email: vwhayton@ihug.co.nz

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NATIONAL EXECUTIVE 2017/18

Patron: Bev Burford

National President: Northland Liaison

Alison Waugh 1/56 Clark Road Kamo, Whangarei 0112
Kamo Branch Phone 09 946 4309
Email alijwaugh@gmail.com

National Vice President: Papamoa, Taupo, Waikato Liaison

Peter Powley 45 Oriental Parade, Papamoa Beach, 3118
Papamoa Branch Phone 07 572 3095
Email peter@powley.co.nz

National Secretary: Hastings, Central Liaison

Maureen Moody 117/45 Reed St, Whangarei 0112
Bream Bay Branch Phone 09 435 9317, 027 288 5203
Email nannmoody@gmail.com

National Treasurer: Brown's Bay, Torbay, Hibiscus Coast, Takapuna Liaison

Elaine Utting 21 Durbin Court, Greenhithe, 0632
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Email utting2@xtra.co.nz

Privacy Officer: South/West Auckland Liaison

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Email clmawilson@gmail.com

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Papamoa Branch Phone 022 361 5574
Email vernonatherstone.sa@gmail.com

Hutt Valley Liaison

John Hobbs 73 Wise Street, Wainuiomata 5014
Wainuiomata Branch Phone 04 971 8835
Email jhobbs1935@gmail.com

Birkenhead, Devonport, Glenfield, Northcote Liaison

Ray Cordell 18 Liverpool Street, Tuakau, 2121
Pukekohe Branch Phone 09 236 8673
Email annrayc@gmail.com

Northland Liaison

John Taylor 117/45 Reed St, Whangarei, Tikipunga, 0112
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Email info@60supmovement.org.nz

Focus - Jacqui Prior

Email priorjacqui@gmail.com

PRESIDENTS REPORT

Greetings to all members,

What a wonderful few days we had in Wairakei for our AGM/ Conference and a big thank you to Maureen and John for organising the two days for our 60s Up members. It is my privilege as your new President to write a few words for the Focus.

It was great to meet so many 'old' friends who I have got to know over the many years I have attended the AGMs. It was also a pleasure to meet and get to know new members especially from some branches who have not attended before. I hope you liked the new format which I thought worked very well.

Over the next year I hope when I get an invitation to attend some of the branches meetings especially if your branch is celebrating a milestone. As I am the fulltime carer for my husband there may be occasions that I may not be available to attend and I will then ask our Vice President, Peter Powley, or your branch liaison executive member stand in for me.

I know some branches are having trouble getting members to come on your committee and I wish you all the best in recruiting members. I find personally approaching the member and having a quiet word in their ear is often the best way.

Take care and all the best for the rest of the year (Hard to believe 6 months has gone already)

Alison



CONFERENCE REPORT

24th & 25th June 2019 - Wairakei Resort Hotel served us well as a conference venue. Helpful friendly staff, very good Conference room, comfortable accommodation, good food and Denise and Cliff were great entertainers.

121 members attended the AGM. and light lunch. 101 members stayed at the hotel and enjoyed dinner and evening entertainment. Branches attending were Birkenhead, Bream Bay, Brown Owl, Browns Bay, Cambridge, Dargaville, Devonport, Hastings, Kamo, Matamata, Papamoa, Pukekohe, Silverstream, South Auckland, Takapuna, Te Awamutu Taupo, Wainuiomata and Whangarei.

Hotel Manager Atif Khan opened the meeting and welcomed the visitors, giving us interesting information about the Hotel and the steam area. Our new format worked well beginning on Monday morning

11.30am registration and lunch followed by the AGM at 1.30pm, then dinner and entertainment at 6.00pm

President Neil Todd chose not to stand again and his place has been taken by Alison Waugh of Kamo. Alison has been on the Executive Committee for some years and is very experienced in procedures needed to run a good meeting, a good branch and, we know, a good Executive Committee meeting. Our thanks to Neil, after ten years on the Executive Committee, seven of those as National President, Neil has great people skills and has been a joy to work with. We were proud to present two Life Memberships. Our retiring President Neil Todd and our Patron Bev Burford. Congratulations and thanks to you both. ALSO a certificate of Appreciation was presented to Olive and Peter Swain, Invercargill Branch in recognition by the National Executive of the great work done in their local branch. Received for them by Maureen Moody, National Secretary, who will courier this on to them. We welcome Vernon Atherstone of Papamoa Branch to the Executive Committee.

The bus trip was well received by the sixty-seven members who joined in. We started out in heavy fog which cleared as we drove up the hill to look down on the large Wairakei steam area and power station. The Lava Glass factory with shop and garden was most interesting we also enjoyed a delicious morning tea. A nice country drive with great info from our two bus drivers stopping to have lunch at Wai-o-tapu. The lunch was a little disappointing, pies, sandwiches and huge scones, but made okay by good coffee.

Many thanks to all those members who supported us in our efforts to produce that important and necessary Conference. Next year we'll be at the Armitage Hotel, Tauranga on 15th and 16th June 2020.

(See photographs on back cover page)

Maureen and John - Conference Convenors.



EDITORIAL

Hi there everybody, I hope you are all managing to stay warm, dry and safe despite this cold wintery weather we've been having of late. A good time of year for a good book, chocolates and a cosy fire.

Keen gardeners may be interested in the article on winter gardening and we have some very interesting contributions from branches, Silverstream, Hastings, Bream Bay, Devonport and Matamata. Lots of activities going on in these places. Thank you all so much, please keep them coming in.

Cheers Jacqui

HASTINGS BRANCH

60SUP TOUR SOUTH REPORT. 24 MARCH-7 APRIL 2019

DAY 1: There was a definite autumnness in the air as we loaded the coach at 7.00am at 1 Beamish Street before heading to Gloucester House Motel for the remaining pickups. We arrived at Wellington Railway Station at 12 noon for the final pickup of nine members before boarding the Bluebridge Ferry for a very smooth crossing.

Our accommodation in Blenheim was shared between Sundowner and Middle Park Motels. All went smoothly. Out to Clubs Marlborough for our buffet dinner.

DAY 2: Those whose option was to go through Molesworth Station today were picked up by Ric at 8.30am. The rest of us bussed on around the long way to meet up again at Hanmer Springs.

First stop, the lovely Lake Rotoiti and the giant mosquitos, we went onto Murchison for our lunch and then on to Maruia Falls. Over the Lewis Pass to our accommodation at Drifters Inn and Alpine Lodge in Hanmer Springs. This was a handy position for those who spent time in the hot pools nearby.

DAY 3: An 8-00am start as we had a rather long day ahead. First stop was the Antarctic Centre in Christchurch for morning tea before going over the hill to Akaroa for lunch. A 1.00pm appointment at the Giant's House for those who chose this option. Something so very different, totally mosaic by the very talented artist Josie Martin, who has just been awarded the 'Garden of International Significance' by the NZ Gardens Trust.

From there we went off to Methven Resort dinner and overnight.

DAY 4: First stop today was at Geraldine and Barkers to stock up on jams, pickles and sauces. Lunch at Tekapo before a photo stop at Dog Friday and the historic Church of the Good Shepherd. Onto Countrytime Hotel, Omarama for overnight.

DAY 5: A quieter and shorter day today. Morning tea at Old Cromwell Town before heading to Fruitland and a then a surprise for everyone on the bus - Highland Park Raceway - a spin round the track in the bus before a finger-food lunch and, for those who wished, a look through the museum of vintage and classic cars/bikes.

Onto our overnight at Harvest at the Gate Hotel in Cromwell.

DAY 6: An 8.00am start for the first stop at St Bathans Historic Settlement and the Blue Lakes before trying our hand at curling at Naseby. We had a lovely soup lunch at the Historic Dansy Pass

Hotel before motoring onto Highway Lodge and Sundowner Motels in Balclutha for the night. Dinner was at the Sundowner.

DAY 7: A perfect day to travel around the Catlins. First stop Nugget Point Lighthouse. With torches ablaze we then walked through the southernmost railway tunnel before heading to Owaka and Tea Pot world. A little disappointing, as the tea pots all looked rather shabby and sad. Lunch was at Niagara Falls Café then onto Curio Bay and the Petrified Forest and the southernmost lighthouse at Fortrose before arriving early at our accommodation at the Homestead Villa Motel, Invercargill, where we were staying for two nights. Plenty of time to do our washing before dinner over the road at Cobb and Co.

DAY 8: This was our coach driver's day off, so we had a local coach and driver to take those who wished to Bluff, then the Tuatara Museum and E Hay's Menz Shed before Richardson's Bikes then 'Dig This' where a number of our group tried their hand at digging holes with a digger. Before going on to Richardson's Truck Museum, not only for boys but an interest to us all. This was a free day for those who weren't into trucks, bikes, diggers and gadgets. Our own dinner this night.

DAY 9: Leaving Invercargill on another super sunny day we headed for Gore and parked right alongside the wall of Sargent Dan, The Creamota Man, before having a cuppa and for those who wished we headed for Hokonui Whisky Museum and a more in-depth history of 'The Creamota Man' in the same Museum.

We were early enough into our accommodation at the Victoria Hotel in Dunedin to wander up to the nearby city centre for a look around before dinner in.

DAY 10: This morning half our group went on the Tairei Train for a four hour venture through some of the most rugged countryside in the south. The remainder of our group joined a local operator for a two hour Dunedin City Tour which included a walk around Olveston House, meeting up again at the railway station at 1.30pm to head north.

Our afternoon cuppa was at the Moeraki Boulders Café before our overnight accommodation at Ascot Motel, Oamarua. Dinner was next door at the Galleon.

Some of us went off at dusk to watch the little Blue Penguins come in from the ocean to their nests. We saw twenty-three penguins, three rabbits, a possum and three fur seals.

DAY 11: First stop on another sunny day was at Riverstone, the

home or castle of the eccentric redhead Dot Smith, who built her castle, despite the Council still not having given consent to live in it. Camp Mother persuaded her to come on the bus and give us a short talk after we had explored her buildings stocked to the rafters with every known article brought in from her overseas travels. It is just impossible to see everything and when asked how she does the stocktaking she said 'we go down one side and up the other! (The many more 'sides' in between that obviously don't get 'stock-taken') Later a short distance away was the Pleasant Point railway, where we had a short ride on the steam train after watching a 'Road Runner' movie, while others studied the old stationary trains in the workshop.

After lunch at Teapot Cafe in Temuka we motored on into Christchurch to Quality Hotel Elms in Papanui Road, another two night stay here. Dinner this night was at the Papanui RSA.

DAY 12: Today half the group went on the Trans-Alpine, Christchurch, Greymouth, Christchurch, whilst another group headed to the first activity of the day - A Caterpillar Ride and commentary around the Botanical Gardens (the flowers from the mosque tragedy were outside the gates here – they took up a whole block)

A short walk from here was 'punting on the Avon' nice and relaxing and a time to unwind, before we tackled the city tram, where you could go round and round and get off or on wherever you liked.

Several of us got off, ventured into Ballantynes and then used our gold cards to catch the bus back to the Motel. Own dinner choice tonight and a lot of us went back to the RSA.

DAY 13: We started out today in drizzly rain, much cooler, driving past the mosque before heading north. Along the coast of Kaikoura we checked out the baby seals at Ohau Point. It was obvious, all the way up the coast, all the work done and still being done since the earthquake.

We also managed to find Fyffe House (the piles here are made from whale bones) We checked into Donegal House noting the snow on Mt Fyffe, a roaring open fire greeted us at dinnertime and after dinner a band kept some of the hardier souls dancing. A very happy night.

DAY 14: A 9.00am start. Picton for lunch and a quick group photo before boarding the Bluebridge Ferry for a very rough crossing this time. Several of our group were seasick but a very nice stewardess looked after them well with iced water and lots of TLC. It made for

a very slow crossing so we were late into Wellington and it was nearing 7.00pm before we checked into the Angus Inn in Lower Hutt where they had a beautiful Buffet meal ready for us.

DAY 15: Having said goodbye to the last of the Wellington region members we motored over Haywards to the Police College Museum at Porirua. A most interesting place, we will definitely go back again next tour on a weekday for lunch with the recruits and a police dog demonstration.

We stopped at Levin for lunch and from there on it was nonstop for home, unloading at 5.00pm (3376 kms travelled).

We had members from seven branches represented on this tour.

Molly Ballantyne for Coral Atkins Tour Organiser - Hasrings Branch



THE GOOD THING ABOUT WINTER

Let's face it, if there were a popularity contest for the best season, winter wouldn't win.

There are a few winter lovers, who revel in the chill while blasting down the side of a mountain as snow gently falls. But, for most of us, it is cold, soggy, miserable and leaves us cooped up indoors, staring wistfully out the window longing for summer to return so we can enjoy the outdoors again.

As much as we want the fair weather seasons to go on indefinitely, we find ourselves on the doorstep of the bleakest season and need to do all we can to make the most of the time that would otherwise be wasted. Looking on the bright side, there are many things that happen in winter that can make a gardener very happy indeed.

If the garden is flooded or frozen, don't work it or it will become damaged. This means the gardener can justifiably stay indoors, warm by the fire.

Meanwhile, frozen soil is actually working in your favour. Pest and disease populations that might have plagued you during the summer can have their populations significantly reduced thanks to a blast or two of a bracing frost.

The other benefit that comes with the freezing of the moisture in the soil is, as it defrosts it breaks up lumps, making spring digging just that little bit easier.

Flooding can also be frustrating, but look at it as locking moisture in deep for the summer.

After all the hard work and effort during the summer months, there is nothing more satisfying than a piping hot bowl of home grown and homemade pumpkin soup to bring warmth to a grey bleak winter day.

Some of the grandest plans for amazing gardens can be dreamt up on a rainy day.

With plenty of time ahead, these plans can be refined and revised into a set of goals and action plans. Even a bit of online shopping or visits to garden centres can set the process in motion, so come the



spring you are ready to go, to create something wonderful in your garden.

There are often bright, blue-sky days in winter: those ones out of the box that make everything seem okay.

The sun may shine weakly, but there is vibrancy to the day, and out of the wind you can even almost feel the warmth on your skin.

Although, those magical days are few and far between and it is more likely to rain for days on end.

It makes you wonder how could it possibly be any other way, as your umbrella becomes your most treasured possession.

The bright side of this is, rain fills water tanks, for free! If you don't have a water tank to catch the rain coming down your spouting, now is the perfect time to set one up. It will repay itself no time in the summer as you water your garden without a second thought about how much it costs to run the tap.

With serious gardening out of the question, the keen gardener can become a little lost for things to do to occupy their time – time that only months ago was in short supply as the garden's every need was tended to.

This down time, to rest relax and recuperate and prepare for the new season ahead.

This spare time is also great for expanding knowledge. Sit down in a cosy corner and read some of the great gardening books available. Subscribe to gardening magazines that are jam packed with inspiration. Consider taking a short course on gardening to keep learning. The world of gardening is so incredibly vast that you will never be able to learn everything in your lifetime, but there is such pleasure in finding out as much as you can and then applying it to your garden for an even better gardening experience.

Don't allow the less-than-ideal conditions to get you down. Look for the silver linings and embrace the season as an opportunity to continue to enjoy the garden.

Sarah O'Neil, author - via the New Zealand Herald



SILVERSTREAM BRANCH

Silverstream's 60s Up were reminded recently by Lower Hutt counsellor, Anne Horrill, that 'retirement is a lovely time of life'.

She spoke about handling changes, finding joys and gaining wisdom. We have lived through many changes in the world around us in the last 50 years - technology, health, life expectancy, population, travel and education.

There have been changes in the shape of our lives - what we do, where we live, and who we live with or have around us.

We have coped with changes in the people around us - we have lost the generation before us, we may have lost a spouse and we ourselves are growing older, there are health changes and people close to us may change, move or die.

Family moves can be challenging, when we go through a transition similar to grief.

There have been changes in ourselves - our bodies, our capacities, our brains and our perspectives on life. We may need to learn to assert ourselves more but be more gentle on others.

We can find joy in every day - in being alive, feeling gratitude, appreciating small things, learning new things, doing new things, stretching ourselves, having a sense of achievement, making contact with others, expressing laughter, being aware of freedoms and enjoying nature.

We have had so much experience of life - we have lived with tough and also wonderful things. We have had the chance to learn much. We have learned about life and learned about ourselves too. This learning keeps on growing every day of our lives.

Try every day to talk to someone, laugh, do something for yourself, and do something for someone else. We need to be needed.

Anne can be contacted on ahorrillnz@gmail.com



*Anne Horrill with
Branch Vice-President,
Helen Manion.*

Rosemary Jamieson - Silverstream Branch

DEVONPORT BRANCH

Lifetime Membership Awards

Devonport 60's Up Movement Branch was formed in 1989. At that time the members engaged in the following activities. Weekly Discussion Groups, North Shore STOP group for safety of the elderly walking over pedestrian crossings, Devonport Community House drop-in Centre, Age Concern, Exercise Groups, Choir and Singing Groups, Craft Stalls, and Petanque Teams. Very popular back then was the Annual 60'sUp Movement picnics on Rangitoto Island. A wide range of social events participated by, back then, over 200 members.

The committee of the Devonport 60's Up have voted that the following members be awarded Branch Lifetime Membership of the National 60'sUp Movement, due to their commitment and dedication to the Devonport Branch.

June Powell.

June has been a long standing member of Devonport 60's Up, from 1990 to the present day. She has been active as a committee member for 13 years and was President for 2 years. When approached to take the Presidency role she felt nervous and took a long walk to 'commune with nature'. On return she felt invigorated and accepted the position. Over several years June was active member leading the Exercise Group for 20 years. Devonport branch was involved with the North Shore 60'sUp branches STOP group for safety of the elderly on pedestrian crossings. There had been casualties of great concern.

Her major contribution was to the Craft Group Stalls. In 1996 a cheque was presented to the North Shore Hospice for \$3000.00 to provide ventilation to the Hospice Day room.

June was a Devonport Branch Delegate at AGMs and attended Forum Meetings. At our Devonport 29th Birthday celebration, June, along with Zelda, another longstanding member, cut the Birthday cake

When contacted to accept this Branch Lifetime Membership award, June stated she would be honoured.

Mary Bandy

Mary's membership of the Devonport 60'sUp branch extended before 2002 to the date of her sad passing away 18th February 2018 after a short illness. {There are no Devonport branch records

available prior to 2002.}

Mary was President of the Devonport branch from 2002 to 2006 and she remained on committee up to 2013.

In 2004 Devonport committee donated \$200.00 to the National Executive 60'sUp and nationally the Movement presented a total of \$4.500.00 to the Red Cross to go towards the victims of the Cook Islands tsunami.

She also reported on membership welfare.

For many years Mary was the Entertainment and Trips convener, and her input extended beyond her time as a committee member. At the Henry Mason Centre, Takapuna, the Christmas tree was annually decorated by Devonport and other North Shore 60'sUp branches. Mary was famous for her Christmas cakes available at the branch birthdays and Christmas events.

Mary maintained regular liaison with the National Executive body, attended AGMs and Forum meetings. {known now as Regional meetings,}

Most of all Mary was known for her very friendly disposition and her unflinching dedication to the 60's Up of Devonport. She was widely travelled and loved to address our General Meetings of her experiences, one example being, without notes, her trek of the Heritage Pilgrim's Trail in Spain.

Our Devonport branch donated \$50;00 to Hospice on behalf of Mary after her internment.

Devonport branch feel Mary has well earned a posthumous, Branch Lifetime Membership of the 60'sUp Movement.

Roy Wheeler

Roy and his wife Molly migrated to NZ from Durban, South Africa to settle in Devonport. They joined the Devonport 60'sUp and remain members to this day. Roy was elected to committee in 2008 and accepted Presidency in 2010 and remained in that position for 7 years when failing health caused him to step down to Vice-President up to the present day. He remarked that that it was the best choice he ever made as because He and Molly got involved with the local community and so made good friendships.

Over his time as President Roy arranged 73 bus trips to places of interest for morning teas and lunches to places members had not been to before. Roy presented 78 newsletters reporting on entertainment events and bus excursions. His newsletters were of

a chatty nature and everyone was well informed of the Devonport branch activities along with a good injection of humour. During the bus trips, Roy was a great host with some very memorable jokes to relate on the journey.

Roy did attend some Regional meetings and made visits to other 60's Up Branches from time to time.

Roy is held in high regard by all Devonport 60's Up, members and he has genuine empathy for everyone.

He has said that he feels honoured to accept Branch Lifetime Membership of the 60's Up Movement of NZ.

Noeline Martin - Devonport Branch



Mary's children Sue, Martin and Andrew accept her posthumous Branch Lifetime Membership award



Roy receives his Branch Lifetime Membership award shown here with his wife Molly



June receives her Branch Lifetime Membership award pictured with son Craig and daughter Joanne

MATAMATA BRANCH

Trip to Kowhai Lodge and Te Awamutu Space Museum.

It was Autumn and the air was as crisp as a Granny Smith apple as we boarded the bus for another interesting and informative day out. We headed out to Piarere onto Highway 29 and then down to travel beside the Waikato River. The trees dressed in their Autumn finery looked stunning along with Maungatautati reflected in the water. How lucky are we to have all this on our doorstep?

Traveling on, we crossed the Arapuni Dam, with barely enough room for our big bus, on through Pukeatua village before finally, via a very steep metal drive, at 'Kowhai Lodge'

We were greeted by some friendly chooks, a couple of dogs and our hosts, Rob and Arja Pinkney and their children. Morning tea was laid out. WOW!! beautiful sammies, chocolate brownie and apple strudel with hot drinks. Rob then fired up the 'Forge' and with his two young assistants proceeded to heat a piece of iron. Memories came flooding back. As a child we lived in Taneatua right next to Mr Howell's Blacksmith. Funny, it even smelled the same.

Rob heated, hammered, turned and whacked the piece of metal all the time explaining to us what he was doing. The three of them would hammer with a rhythmic beat, all the time turning and heating the metal. Slowly a shape began to emerge and with more heat, hammer and whacking, one final fold and there was an axe head. Very labour intensive hence the cost \$350 - \$400. He makes knives, elaborate hooks, cupboard handles and wrought iron to name but a few items.

Back on the bus and now there was a bit of an 'OOPS' One BIG BUS one VERY VERY tight corner on a metal road. With bated breaths, we sat there as our driver forwarded and backed, all of us silently praying 'Please don't miss a gear change' A collective sigh of relief as our driver finally manoeuvred the bus round the corner. A round of applause broke out.

On to Te Awamutu RSA for a lovely meal. They always do a beautiful meal there.

Now who would have thought there would be a 'Space Museum in Te Awamutu. Well there is and a very good one at that.

Dave Owen has all sorts of genuine space stuff, including a space suit that was actually worn in space by an astronaut. He's a mine of information and eager to share. We even looked through a telescope

fitted with special filters at the sun.

Time to board our bus and head home. What a day we had. Superb weather, magic scenery, wonderful food and great company, So once again our thanks to Shirley for sourcing a great day out.

Irene Wilson - Matamata Branch

BREAM BAY BRANCH

21ST BIRTHDAY MEETING.

We enjoyed a great afternoon after a pot luck lunch and were entertained by the very talented musicians from Bream Bay College.

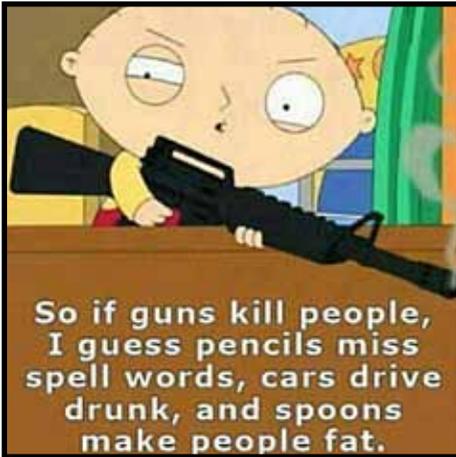
The cake was cut by Foundation Members, Val & Ref Florance. Also attended by foundation members Fay Wallis, Joan Cheshire and our National President elect Alison Waugh who was the branch's first Vice President.



National President Neil Todd spoke and thanked all members who participate and keep the branch thriving, especially committee members and helpers who have worked so hard over the years.

Maureen Moody - Bream Bay Branch, Life Member

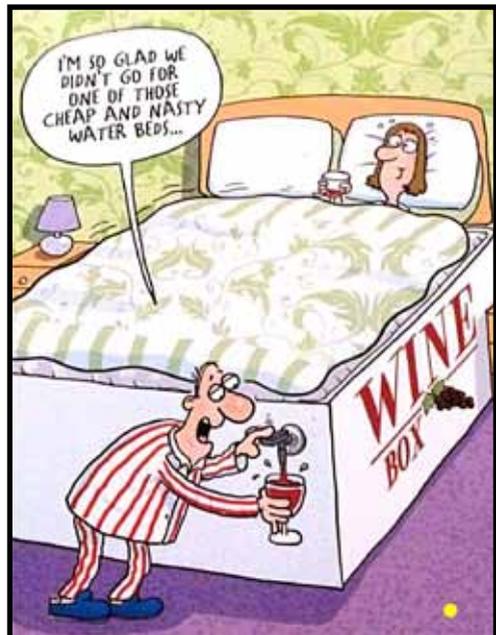
I went to the liquor store Friday afternoon on my bicycle, bought a bottle of Scotch and put it in the bicycle basket. As I was about to leave, I thought to myself that if I fell off the bicycle, the bottle would break. So I drank all the Scotch before I cycled home. It turned out to be a very good decision, because I fell off my bicycle seven times on the way home.



*I named my dog
'six miles' so I
can tell people
that I walk six
miles every
single day.*

*A police officer
called the station
on his radio. 'I
need back up
here. An old lady
shot her husband
for stepping on
the floor she just
mopped.' 'Have
you arrested the
woman?'
'Not yet. The
floor's still wet.'*

*True friendship is:
walking into a persons
house and your wife
connects automatically.*



TE AWAMUTU *est. September 2008*

Venue: Waipa Workingmens Club 139 Albert Park Drive, Te Awamutu

Date: 3 Friday of month at 10.30am

Phone: 07 871 4358

Email: Janice.mike44@gmail.com

TAUPO

Venue: 2nd Monday Bridge Club Rooms 10.00am. 4th Monday away tour to be advised.

Dates: 2nd and 4th Mondays of the month.

Phone: Betty 07 376 9443, Sue 07 376 8080

Email: bettyros36@gmail.com

HASTINGS *est. 26th June 1990*

Venue: St Marks Church Hall, Queen St East, Hastings.

Date: 2nd Tuesday 10.00am -12 noon.

Phone: 06 871 0286

Email: corbee37@gmail.com

WANGANUI *est. 7th February 1990*

Venue: Eulogy Lounge, Wanganui Racecourse

Date: 1st Monday of month (except holidays then 2nd Monday) 2.00pm

Phone: 06 344 4417

Email: mumsocks@xtra.co.nz

PETRE *est. October 1999*

Venue: St Andrew's Hall, Glagow Street, Whanganui

Date: 3rd Wednesday of month 2.00pm

Phone: 06 344 2976

Email: bettymurphy41@gmail.com

FEILDING *est. October 1992*

Venue: Johnston Park Bowling Club, Drake Street, Feilding

Date: 3rd Monday of month, 1.30pm

Phone: 06 323 4170

Email: ireland.clan@inspire.net.nz

LEVIN *est. April 1999*

Venue: Hudson Room, Cosmopolition Club, Levin.

Date: 4th Monday of month 10.00am

Phone: 06 368 9462

Email: johnhobbs1935@gmail.com

BROWN OWL *est. August 1992*

Venue: St Peter Chanel Ctr, Cnr Ferguson & Bernadette Drive, Upper Hutt

Dates: 1st & 3rd Friday of month, 10.00am

Phone: 04 977 9055

Email: p.wakelin@paradise.net.nz

from inside front cover

MAIDSTONE *est. June 1997*

Venue: Hapai Club, Fergusson Drive, Upper Hutt.

Dates: 2nd & 4th Friday of month 1.15pm

Phone: 04 528 9019

Email: nigelannest2@gmail.com

MOONSHINE *est. October 1998*

Venue: Masonic Lodge Hall, Islington St, Upper Hutt.

Dates: 2nd & 4th Wednesdays of month 1.30pm

Phone: 04 971 3213

Email: janet.islington@gmail.com

SILVERSTREAM *est. April 1990*

Venue: 37 Dunns Road, Silverstream, Upper Hutt

Dates: 1st & 3rd Fridays of month 9.30am for 10.00am

Phone: 04 526 4411

Email: bettycosslett@slingshot.co.nz

UPPER HUTT

Venue: Cossie Club, Logan Street, Upper Hutt.

Dates: 10.00am, 2 & 4 Fridays speaker or entertainment

Phone: 04 528 3337

Email: nzalmand@gmail.com

WAINUIOMATA *est. Spetember 1987*

Venue: Wainui Bush Fire Force Hall, The Strand, Wainuiomata.

Dates: 1st & 3rd Wednesday of month 10.00am

Phone: 04 971 4726

Email: Jhobbs1935@gmail.com

INVERCARGILL *est. May 1991*

Venue: Invercargill Workingmens Club, 1st Floor, Esk Street.

Date: 2nd Monday of month, 10.00am

Phone: 03 214 4802

Email: olive.rose@xtra.co.nz

The Movement established in 1982, is an organisation for anyone who is interested in the enjoyment of life for the older person.

Our aim is to help them remain active, lively, contributing members of their local community. We are independent of any political party, religion, trade union, or any other organisation

Deadline for next issue - end of September

*2019/20
Executive
Committee* ▷



*Delegates
in the
Conference
Room* ▽



*Black & White
theme, Winning
Costumes* △

