



60s Up Movement of NZ Inc.

BIRKENHEAD BRANCH

DECEMBER 2019 NEWSLETTER



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President's Report

Good morning everyone and welcome. Can you believe we are almost at the end of another year? Finally the weather is warming up and it's beginning to feel like summer. I hope you are all in a festive mood today as this will be the last meeting for the year so let's make it a good one. Hopefully you have all brought a plate for the morning tea and we can share the Christmas cheer around. Thank you all for your support over the last few months, especially the committee, and our wonderful volunteers. I hope we will continue to have some great meetings and trips in 2020. I hope you all have a very merry and safe Christmas and I look forward to seeing you all in the New Year.

Edna

TRADING TABLE: Check it out! You may be able to pick up a good book or two or some yummy baking.

If you have any spare fresh vegetables from your garden or preserves, Jams etc., these sell really well. So bring them along.

KIDNEY KIDS: Eileen Brown is collecting tabs off cans and screw tops off wine bottles for this great cause.

Entertainment

Today – – Jim Joll (singer)

February – Trish Troupe (entertainer)

Trips

Last month we visited the Xmas Wonderland Shop before heading to the Howick Country Club where we enjoyed a fantastic Xmas lunch. Another enjoyable day out. Many thanks to Fiona who organises all these wonderful outings each month.

Next trip will be **18th February** to the Leafy Hollow Lavender Gardens at Waiuku. More details will be in the February Newsletter.

In future no trip monies will be accepted on the bus. Trips must be paid for at Branch Meetings. When paying please put your money in an envelope with your name on it.

Members wishing to go on trips must attend meetings on a regular basis.

Thank you for supporting the trips. A last minute cancellation may incur a \$10 refund deduction.

THE BUS TIMES ARE APPROXIMATE ONLY: Please wear your name badge on the bus trips.

NOK details are to be noted on the back of badges in case of emergencies. Also, to avoid possible confusion please retain your original seats.

HEALTH LINE: 0800-611-116 is the number you ring if you are in need of professional medical help at any time, day or night. For cards to be sent to our **sick folk** please ring **Zita Haines 4445081**.

This is our last Newsletter for the year. There will be no meeting in January.

Our next Branch meeting will be held on Tuesday 11th February.

A big thank you to all our volunteers who help make the club the success that it is.

Joke

Two elderly gentlemen, Tony and George, from the retirement day centre in Waterlooville, Hampshire, are sitting on a bench under a tree when Tony turns to George and says, 'Hey, George, I'm 83 years old now and I'm just full of aches and pains. I know you're about my age. How do you feel these days?'

Tony replies with a glint in his eye, 'I feel just like a new-born baby.'

'Really?' George sounds surprised. 'Like a new-born baby'

'Yeah,' laughs Tony, 'No hair, no teeth, and I think I just wet my pants.'

Recipe

Three Ingredients Xmas Cake

1 kg (6 cups) dried mixed fruit
600 ml (2 1/2 cups) iced coffee (see note)
265 g (2 cups) self-rising flour

Instructions - Place the mixed dried fruit into a large bowl. Add the iced coffee (or liquid substitute) and mix well. Cover with plastic wrap and place into the fridge **overnight**.

Preheat oven to 160 degrees Celsius (fan-forced). Grease and line a 23cm cake tin with baking paper and set aside.

Stir the self-rising flour through the fruit mixture and pour into the prepared tin and bake for approximately one hour or until cake is cooked and feels firm in the middle. (**Note** can use cold tea, pineapple or orange juice instead of iced coffee). Also cinnamon, mixed spice and nuts can be added as well as 1 tsp of alcohol.)

Bake for approximately 1 hour or until the cake is cooked and feels firm in the middle

Merry Christmas

Carols in the Distance
Laughter everywhere
I can smell Christmas
Floating in the air

Cady canes and bon bons,
Angels top the tree
There's presents over yonder,
One for you and me.

Tinsel wrapping round and round,
Candles light the night,
Making Santa's journey,
Sparkly and bright.

A very Merry Christmas,
To your family and friends,
May your new year bring happiness,
And may the joyful times not end.

