

60sUp Movement of New Zealand Inc

JULY 2017

Newsletter 124

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Please contact

Colleen Minogue 87 38425

or a

Committee member if you know of someone unwell or who has lost a loved one.

It is always comforting to receive a card or phone call when the road gets tough.

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60sUp Website

www.60supmovement.org.nz Informative – Imaginative

A very interesting site.

Check out other Branches Newsletters & Activities more sites for you to browse

www.eldernet.co.nz www.grownups.co.nz www.elivenconnect www.neighbourly.co.nz www.stuff.co.nz

Our thanks to Mad Butcher for the support shown our group with the wonderful meat raffles throughout the year



We appreciate your continuing support towards the Salvation Army Food Bank & RSPCA, a box is always available at our meetings to place your nonperishable items in.

Be proud of your organisation. Wear your badge when you are out & about. Badges are available - \$4.

- Meet second Tuesday of the month -

St Mark Church Hall - corner Park Road & Queen St. 10am - 12

\$3 entry tea, coffee & biscuits. Sales Table, Raffles, Entertainer or Speaker, Exercises. An organisation for the older person promoting enjoyment of life.

. Everyone Welcome



Happy Birthday to us

Celebrating 27 years



Watch this space in August Newsletter for more information on our bus trip to the Pukeora Festival on Thursday 7th September. Name list on back table. Cost per person \$10

NOURISHED for NIL

FREE FOOD - Every Thursday redistributing fruit, vegetables and bread

Where - 1004 Karamu Road North, Hastings - next to Tremains.

When - Thursdays 10am - 11am

Who's eligible - SUPER GOLD CARD HOLDERS & CAREGIVERS ONLY

Please bring your own bag. No parking on the forecourt outside their depot please - plenty of parking available on the street.

CHICKEN & CORN CHOWDER

Melt 15g butter in a large saucepan, add 1 sml onion (chopped) soften over medium heat. Add 250g skinless, boneless chicken breast (cut into 1cm pieces) & 3 rashers Bacon (chopped) cooking until meats coloured. Add 2x410g cans Cream Style Corn, 2 cups Chicken Stock, 300g peeled & diced potatoes & 1tsp Thyme. Reduce heat & simmer covered for 25mins until chicken cooked & potatoes tender. Season. Stir in 3/4 cup milk/cream (optional) & add chopped Parsley, serve with crusty bread.

Photos & Report from AGM Hamilton www.60supmovement.org.nz as well as - 'Top of the South' Tour Report & Photos & for more information on the 'Tour Central' 2018 www.60supmovement.org.nz/hastings

Where do your collectables go?

Can Tabs - via Lions Club to Kidney Kids, one tab = one second on a Dialysis Machine for these children.

*Teddies For Tragedies – patterns available. Used Hearing Aide Batteries. Aluminium Cans. Your continuing support is greatly appreciated by all organisations. Used Stamps - the Hearing Dog Association. Puppy Jumpers , Tin Cat/Dog Food – RSPCA

Please note: I CAN TAKE MILK BOTTLE AND WINE BOTTLE TOPS AGAIN, ALSO ALUMINIUM CANS

Fun - Friendly - Affordable Travel

WOW – Wellington

2pm show \$460pp

Overnight 7th 8th October

Stay at Brentwood Hotel

Check the noticeboard for more details

Walking Group: (Havelock North) - hill walks -

- Every Monday - 9.30am - starting points differ

Card Group: Clubs Hastings

Tuesday afternoons

PLEASE NOTE CHANGE OF CONTACT PERSON

Beginners welcome. Contact Roy SHAW ph.879 4338

Luncheon Group

'Divine Café' Thursday 20th July (Please note time change) <u>12.30</u>

Summerset Village - Ada Street

More Details about our Luncheon Group – please contact our **new** organiser, Jacqui Pettitt ph 8767653

Heretaunga Seniors are offering a 6 week one to one tutoring course for those with smart phones, tablets or laps tops.

See the notice board for more details.

BOOKS

'THE FARM at BLACK HILLS'

Farming alone in the hills of North
Canterbury

Beverley FORRESTER

'BABY and a BACKPACK'

Alone, with a 12 – week baby & a broken heart, Jane travels around the world in search of a new life

Jane CORNELIUS

THE PHONE NEWS HAWKE'S BAY

A **free** service for people who are unable to read or hold a newspaper

Dial Napier/Hastings Dannevirke Waipukurau Wairoa

280 5051 928 6511 928 0511

928 1535



to hear selected items read daily from the Hawke's Bay Today



SeniorNet Hawkes Bay

Computer Classes for Seniors 50 & Over. Classes offered for Term 2 – Photo scanning, Online Photobooks, Intro to Windows 10, Android for beginners, Ipad for beginners, Excel, Cloud, Internet Banking, Social Media and Email

Contact Jenny S 876 0315 or

Joy 870 3951

Email: hbseniornet@gmail.com

Fundraising Luncheons for 2017

Saturdays August 12th October 14th & the Christmas Luncheon 9th December.

Please note you must pre purchase your ticket or at least let Shirley no number attending. Luncheons held in the St Marks Church Hall at 12 noon.

Sales Table & Raffles

Contact Shirley for more information on 876 9047

We need this hall so please show your support. Molly